

ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

2019 High School Team Championship Information & Rules

1. Each Arizona High School may send one Team per Gender. There will be a separate Girls & Boys Team Championship.
2. Each Participating Team is expected to provided a minimum of (1) Referee and (2) loaders for at least one session.
3. Athletes must be currently enrolled in the school and in good academic standing.
4. USAW Membership is NOT required, but needed for AZ LWC Records and Qualifying Totals for USAW National Events.
5. For 2019 High School Teams are comprised of up to (10) Ten Varsity Lifters, with no more than (2) per Weight Class. Additional lifters may still compete for Individual placement, but will be non-scoring (JV) in regards to Team points.
6. In order to Score Team points, lifters must achieve minimum totals. 2019 Totals must exceed the lifters Bodyweight.
7. Team Scoring will be per AZHSWA Competition Rules, with point table based on number of participating schools.
8. At the conclusion of the competition, those lifters meeting minimum totals will score points based on their placement within their respective weight class. *NOTE: For the purposes of Team Scoring, Girls 40kg Class will be included with the 45kg Class, and Men's 50kg Class Will be combined as part of the 55kg class. The 40kg Girls & 50kg Boys will still be recognized for Individual Awards.*
9. The points from all the lifters from each Team are combined for a total Team Score. Teams are then ranked for placement from highest Team Points to lowest Team points.
10. In the case of a Tie, the tie will be broken by the number of first place finishes, then second place finishes, etc.

2019 High School Team Roster & Entry

School Name: _____ Coach Name: _____
 District: _____ Coach Phone: _____
 _____ Coach Email: _____

#	V/JV	Athlete Name (Last, First)	Weight Class	Grade	Year of Birth	Entry Total (kg)	Opening SN (kg)	Opening CJ (kg)	USAW# (if any)
---	------	-------------------------------	-----------------	-------	------------------	---------------------	--------------------	--------------------	-------------------

GIRLS ROSTER

1	V								
2	V								
3	V								
4	V								
5	V								
6	V								
7	V								
8	V								
9	V								
10	V								
11	JV								
12	JV								
13	JV								
14	JV								
15	JV								

BOYS ROSTER

1	V								
2	V								
3	V								
4	V								
5	V								
6	V								
7	V								
8	V								
9	V								
10	V								
11	JV								
12	JV								
13	JV								
14	JV								
15	JV								

School Entry Fees: ____ Total Athletes x \$20 per Athlete = \$____ TOTAL. *Entry Fee maximum of \$200 per School per Gender*