



ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION  
2020 High School State Championship & Youth/Junior Open  
Central High School - 4525 N Central Ave, Phoenix, AZ 85012



## EVENT SCHEDULE

### Saturday January 25, 2020

7:45am	Venue Opens
8:00am	Weigh-ins (Ends at 9:00am)
9:00am	Coaches Meeting
9:30am	Technical Meeting
9:45am	Introductions
9:55am	National Anthem
10:00am	Lifting Starts
12:30am	Individual Awards
12:45pm	Best Lifter & Team Awards
1:00pm	Clean-up