



OFFICIAL SCORESHEET



2022 ARIZONA STATE CHAMPIONSHIP

OPEN & MASTERS - October 8-9, 2022 - Hammer CrossFit East, Scottsdale AZ

YOUTH & JUNIOR - October 15, 2022 - CrossFit Perception, Mesa AZ

USA Weightlifting Sanction #11621

| Division Wt Class | Athlete | YOB | Age | Team | Body Wt | Snatch | | | Best SN | Clean & Jerk | | | Best C&J | Total | Place | Sinclair |
|---------------------------|--------------------|------|-----|---------------------------|------------|--------|-----|-----|------------|--------------|------|-----|-------------|-------|-------|----------|
| | | | | | | 1 | 2 | 3 | | 1 | 2 | 3 | | | | |
| YOUTH WOMEN U11 | | | | | | | | | | | | | | | | |
| U11 F 30 | Mullenau, Lilly | 2011 | 11 | Power & Grace Performance | 29.40 | 22 | 23 | -24 | 23 | 25 | -27 | 28 | 28 | 51 | 1 | 129.332 |
| U11 F 30 | Phillips, Juliette | 2012 | 10 | Power & Grace Performance | 28.50 | 17 | 18 | 19 | 19 | 22 | -23 | 23 | 23 | 42 | 2 | 110.338 |
| U11 F 36 | Blackhurst, Kaiya | 2011 | 11 | Power & Grace Performance | 34.60 | 17 | 18 | 19 | 19 | 21 | 22 | 24 | 24 | 43 | 1 | 91.606 |
| U11 F 45 | Whiting, Reese | 2012 | 10 | Power & Grace Performance | 42.70 | -20 | 20 | 21 | 21 | 23 | 24 | 26 | 26 | 47 | 1 | 82.112 |
| YOUTH WOMEN U13 | | | | | | | | | | | | | | | | |
| U13 F 45 | Phillips, Amelia | 2009 | 13 | Power & Grace Performance | 43.70 | 35 | 37 | 39 | 39 | 44 | 47 | 49 | 49 | 88 | 1 | 150.699 |
| U13 F 45 | Litt, Maya | 2009 | 13 | Scottsdale Barbell | 42.00 | 27 | -28 | -29 | 27 | 32 | 34 | 35 | 35 | 62 | 2 | 109.900 |
| U13 F 45 | Huber, Brinlee | 2010 | 12 | Power & Grace Performance | 43.50 | 22 | 23 | -24 | 23 | 27 | 28 | 29 | 29 | 52 | 3 | 89.401 |
| U13 F 49 | Mason, Mahealani | 2009 | 13 | Power & Grace Performance | 47.80 | 43 | 45 | -47 | 45 | 52 | 54 | 55 | 55 | 100 | 1 | 159.035 |
| U13 F 55 | Brown, Delaney | 2010 | 12 | Power & Grace Performance | 53.50 | -34 | 34 | -38 | 34 | 44 | 46 | 48 | 48 | 82 | 1 | 119.757 |
| U13 F 55 | Jolly, Michaela | 2009 | 13 | Power & Grace Performance | 54.60 | 24 | 25 | -26 | 25 | 29 | 30 | 32 | 32 | 57 | 2 | 82.050 |
| U13 F >64 | Sheldon, McKenzie | 2009 | 13 | Alee Athletics | 77.60 | 43 | 47 | -50 | 47 | 50 | 54 | 57 | 57 | 104 | 1 | 121.898 |
| U13 F >64 | Colvin, Maya | 2010 | 12 | Power & Grace Performance | 65.20 | 24 | 25 | 26 | 26 | 27 | 28 | 29 | 29 | 55 | 2 | 70.625 |
| U13 F >64 | Peterson, Chloe | 2010 | 12 | Power & Grace Performance | 69.80 | 24 | -25 | 25 | 25 | -29 | 29 | 30 | 30 | 55 | 3 | 67.979 |
| YOUTH WOMEN 14-15 | | | | | | | | | | | | | | | | |
| U15 F 36 | Lally, Tierany | 2008 | 14 | Power & Grace Performance | 28.50 | 22 | -23 | 23 | 23 | 26 | 27 | 28 | 28 | 51 | 1 | 133.982 |
| U15 F 45 | Mullenau, Lucy | 2008 | 14 | Power & Grace Performance | 42.50 | 28 | 30 | 32 | 32 | -40 | 40 | -44 | 40 | 72 | 1 | 126.306 |
| U15 F 49 | Jolly, Charlize | 2007 | 15 | Power & Grace Performance | 48.40 | -34 | -34 | 34 | 34 | 42 | -44 | -45 | 42 | 76 | 1 | 119.680 |
| U15 F 55 | Colwell, Brylee | 2008 | 14 | Power & Grace Performance | 54.20 | 40 | 42 | 43 | 43 | 52 | 54 | 57 | 57 | 100 | 1 | 144.697 |
| U15 F 59 | Hanchett, Paige | 2007 | 15 | Power & Grace Performance | 55.30 | 50 | -52 | 53 | 53 | 58 | 61 | -63 | 61 | 114 | 1 | 162.643 |
| U15 F 59 | Hill, Lilly | 2008 | 14 | Power & Grace Performance | 58.40 | 35 | -37 | 37 | 37 | 44 | 47 | 50 | 50 | 87 | 2 | 119.623 |
| U15 F 64 | Colvin, Ella | 2008 | 14 | Power & Grace Performance | 62.90 | 33 | -35 | 35 | 35 | 44 | 46 | -48 | 46 | 81 | 1 | 106.261 |
| U15 F >76 | Trampp, Emma | 2008 | 14 | Power & Grace Performance | 108.50 | 50 | 55 | 57 | 57 | 63 | 67 | -70 | 67 | 124 | 1 | 129.215 |
| U15 F >76 | Cardoza, Samantha | 2008 | 14 | CrossFit Fury | 83.70 | 40 | 42 | 44 | 44 | 51 | 54 | 56 | 56 | 100 | 2 | 113.379 |
| YOUTH WOMEN 16-17 | | | | | | | | | | | | | | | | |
| U17 F 55 | Nantz, Jordan | 2006 | 16 | Power & Grace Performance | 53.70 | 60 | 62 | 65 | 65 | 75 | 78 | 80 | 80 | 145 | 1 | 211.200 |
| U17 F 55 | Klingler, Trinity | 2006 | 16 | Power & Grace Performance | 50.90 | 38 | 41 | -43 | 41 | 50 | -52 | 54 | 54 | 95 | 2 | 143.917 |
| U17 F 76 | Czaja, Stella | 2006 | 16 | Power & Grace Performance | 74.90 | -55 | -55 | -55 | - | 60 | -65 | -65 | 60 | - | - | - |
| U17 F 81 | Landa, Kaylee | 2005 | 17 | Power & Grace Performance | 79.80 | 83 | 86 | -88 | 86 | 100 | -103 | 103 | 103 | 189 | 1 | 218.725 |
| JUNIOR WOMEN 18-20 | | | | | | | | | | | | | | | | |
| U20 F 59 | Ogami, Caitlyn | 2004 | 18 | Alee Athletics | 57.50 | 58 | 60 | -62 | 60 | -77 | 77 | 79 | 79 | 139 | 1 | 193.103 |



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|-------------------------|-------------------|------|-----|-------------------------------|------------|--------|-----|------|------------|--------------|-----|------|-------------|-------|-------|----------|
| | | | | | | 1 | 2 | 3 | | 1 | 2 | 3 | | | | |
| YOUTH MEN U11 | | | | | | | | | | | | | | | | |
| U11 M 32 | Sanchez, Dominic | 2014 | 8 | Perception | 28.00 | 7 | 8 | 10 | 10 | 12 | 15 | 16 | 16 | 26 | 1 | 78.124 |
| U11 M 44 | Jolly, Mitchell | 2011 | 11 | Power & Grace Performance | 40.00 | 14 | 15 | 16 | 16 | 18 | 19 | 20 | 20 | 36 | 1 | 73.529 |
| YOUTH MEN U13 | | | | | | | | | | | | | | | | |
| U13 M 32 | Mason, Maui | 2010 | 12 | Power & Grace Performance | 30.90 | -20 | 20 | -23 | 20 | 26 | 28 | -31 | 28 | 48 | 1 | 128.564 |
| U13 M 55 | Hanchett, Caleb | 2009 | 13 | Power & Grace Performance | 54.40 | 36 | 38 | -40 | 38 | 48 | -50 | -50 | 48 | 86 | 1 | 134.611 |
| YOUTH MEN 14-15 | | | | | | | | | | | | | | | | |
| U15 M 61 | McCraw, Caden | 2008 | 14 | Power & Grace Performance | 58.10 | 30 | 32 | -34 | 32 | 38 | 40 | 42 | 42 | 74 | 1 | 110.298 |
| U15 M 67 | McCullough, Dylan | 2008 | 14 | Performance One Weightlifting | 66.70 | 44 | 47 | 50 | 50 | 63 | -66 | -66 | 63 | 113 | 1 | 153.402 |
| U15 M 81 | Terrones, Timothy | 2007 | 15 | Performance One Weightlifting | 78.80 | 84 | 87 | 90 | 90 | 105 | 110 | -115 | 110 | 200 | 1 | 246.589 |
| U15 M >89 | Barrios, Johnny | 2007 | 15 | WestFit Weightlifting | 117.40 | 93 | 98 | 102 | 102 | 125 | 130 | 133 | 133 | 235 | 1 | 247.741 |
| YOUTH MEN 16-17 | | | | | | | | | | | | | | | | |
| U17 M 55 | Colwell, Brode | 2006 | 16 | Power & Grace Performance | 52.10 | 30 | -32 | 32 | 32 | 40 | 42 | 44 | 44 | 76 | 1 | 123.031 |
| U17 M 67 | Culler, Nate | 2006 | 16 | Power & Grace Performance | 67.00 | -65 | 65 | 68 | 68 | 80 | 85 | 88 | 88 | 156 | 1 | 211.177 |
| U17 M 73 | Sanchez, DeMarcus | 2006 | 16 | Perception Weightlifting | 68.40 | 72 | -76 | -76 | 72 | 100 | 105 | -108 | 105 | 177 | 1 | 236.542 |
| JUNIOR MEN 18-20 | | | | | | | | | | | | | | | | |
| U20 M 61 | Kwan, Gabriel | 2004 | 18 | Olympia Weightlifting | 61.00 | 65 | 70 | 75 | 75 | 85 | 90 | -100 | 90 | 165 | 1 | 237.619 |
| U20 M 73 | Puerta, Diego | 2004 | 18 | Team Divergent | 71.70 | 88 | 91 | 94 | 94 | 112 | 116 | -120 | 116 | 210 | 1 | 272.819 |
| U20 M 81 | Barcena, Calvin | 2002 | 20 | Alee Athletics | 80.50 | 105 | 110 | -115 | 110 | 135 | 140 | 145 | 145 | 255 | 1 | 310.957 |



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|----------------------|---------------------|------|-----|------------------------------------|------------|--------|-----|-----|------------|--------------|-----|-----|-------------|-------|-------|----------|
| | | | | | | 1 | 2 | 3 | | 1 | 2 | 3 | | | | |
| OPEN WOMEN | | | | | | | | | | | | | | | | |
| U20 F 45 | Lyne, Olivia | 2002 | 20 | SAS Weightlifting Club | 41.05 | -33 | 33 | 35 | 35 | 47 | 49 | 51 | 51 | 86 | 1 | 155.580 |
| OPEN W 49 | Yanez, Samantha | 1989 | 33 | Fifty-One Fifty Weightlifting Club | 45.30 | 35 | -38 | -38 | 35 | 46 | 47 | 48 | 48 | 83 | 1 | 137.891 |
| OPEN W 55 | Gallegos, Angela | 1995 | 27 | Unattached | 54.70 | 70 | 74 | -76 | 74 | 90 | -94 | 95 | 95 | 169 | 1 | 242.958 |
| OPEN W 55 | Shen, Erika | 1988 | 34 | Sanctuary Barbell | 49.65 | 38 | 40 | 42 | 42 | 49 | 51 | 55 | 55 | 97 | 2 | 149.752 |
| OPEN W 59 | Angel, Justice | 1997 | 25 | Sun Devil Weightlifting | 58.90 | 59 | 61 | -63 | 61 | 70 | 73 | -76 | 73 | 134 | 1 | 183.221 |
| OPEN W 59 | Kolahgiri, Fatemeh | 2001 | 21 | Alee Athletics | 58.20 | 44 | 48 | -50 | 48 | 61 | -64 | -64 | 61 | 109 | 2 | 150.213 |
| OPEN W 64 | Lopez, Yulianna | 2000 | 22 | Sun Devil Weightlifting | 63.60 | -72 | -72 | 73 | 73 | 92 | 97 | 104 | 104 | 177 | 1 | 230.652 |
| OPEN W 64 | Huppenthal, Morgan | 1993 | 29 | Performance One Weightlifting | 63.90 | 68 | 71 | 74 | 74 | 87 | 90 | 93 | 93 | 167 | 2 | 217.009 |
| OPEN W 64 | Ellison, Samantha | 1992 | 30 | Vehement Elite Athletics | 63.40 | 65 | 68 | 71 | 71 | 85 | 89 | 92 | 92 | 163 | 3 | 212.811 |
| OPEN W 64 | Rose, Phyllis | 1998 | 24 | Alee Athletics | 63.40 | -66 | 66 | -69 | 66 | 85 | 88 | -92 | 88 | 154 | 4 | 201.061 |
| OPEN W 64 | Crain, Martha | 1989 | 33 | Perception Weightlifting | 61.90 | -44 | 45 | -49 | 45 | 65 | -68 | 69 | 69 | 114 | 5 | 151.029 |
| OPEN W 64 | Greaber, Ali | 1994 | 28 | Alee Athletics | 60.05 | 36 | 38 | 40 | 40 | 50 | 53 | -55 | 53 | 93 | 6 | 125.582 |
| OPEN W 76 | Perrizo, Lindsay | 1988 | 34 | Performance One Weightlifting | 74.55 | 55 | 58 | 61 | 61 | 75 | 80 | -85 | 80 | 141 | 1 | 168.468 |
| OPEN W 87 | Armstrong, Savannah | 1999 | 23 | Sanctuary Barbell | 86.95 | 48 | 51 | 53 | 53 | 58 | 61 | 65 | 65 | 118 | 1 | 131.762 |
| OPEN W >87 | Gonzales, Eliana | 1995 | 27 | Performance One Weightlifting | 92.15 | 54 | -57 | 57 | 57 | -68 | 68 | 72 | 72 | 129 | 1 | 141.001 |
| MASTERS WOMEN | | | | | | | | | | | | | | | | |
| SHMF | | | | | | | | | | | | | | | | |
| W35 59 | Bennett, Patricia | 1986 | 36 | Sanctuary Barbell | 57.30 | 62 | 65 | 67 | 67 | -80 | 80 | 83 | 83 | 150 | 1 | 226.416 |
| W35 64 | Shedlock, Jessie | 1985 | 37 | Alee Athletics | 61.90 | 64 | 67 | -70 | 67 | 75 | 78 | 80 | 80 | 147 | 1 | 213.639 |
| W35 71 | Helton, Ashley | 1985 | 37 | SAS Weightlifting Club | 70.95 | 55 | 57 | 59 | 59 | 65 | -68 | 70 | 70 | 129 | 1 | 173.395 |
| W40 59 | Chard, Erica | 1981 | 41 | Catalyst Masters | 59.00 | 47 | 49 | 51 | 51 | 60 | 64 | 67 | 67 | 118 | 1 | 185.824 |
| W40 71 | Walters, Jessica | 1979 | 43 | Performance One Weightlifting | 70.20 | 65 | 68 | 71 | 71 | 85 | 88 | 90 | 90 | 161 | 1 | 235.484 |
| W40 71 | Grazier, Kristen | 1982 | 40 | Unattached | 69.25 | 49 | 51 | 53 | 53 | 60 | 62 | -64 | 62 | 115 | 2 | 162.445 |
| W40 81 | Tunis, Amy | 1981 | 41 | Unattached | 78.95 | -70 | -72 | 72 | 72 | 88 | -91 | -92 | 88 | 160 | 1 | 214.524 |
| W45 59 | Contreras, Theresa | 1975 | 47 | Westfit Weightlifting | 58.40 | 36 | 39 | -42 | 39 | -50 | 51 | 53 | 53 | 92 | 1 | 160.020 |
| W45 64 | Clouse, Jenny | 1975 | 47 | Performance One Weightlifting | 62.65 | 64 | 67 | 69 | 69 | 77 | 81 | -84 | 81 | 150 | 1 | 249.530 |
| W55 55 | Difelice, Beth | 1966 | 56 | Performance One Weightlifting | 54.55 | 32 | 34 | 36 | 36 | 40 | 44 | -47 | 44 | 80 | 1 | 178.034 |
| W55 >87 | Locklear, Candi | 1967 | 55 | Sanctuary Barbell | 90.05 | -33 | 34 | 36 | 36 | 47 | -50 | -50 | 47 | 83 | 1 | 137.843 |
| W55 >87 | Bevans, Leanda | 1966 | 56 | Alee Athletics | 88.85 | -42 | -42 | -42 | - | 55 | 60 | 65 | 65 | - | - | - |
| W60 81 | Gale, Jaime | 1959 | 63 | Perception Weightlifting | 80.60 | 33 | 35 | 37 | 37 | 47 | 50 | 54 | 54 | 91 | 1 | 189.565 |
| W60 81 | Grijalva, Lori | 1960 | 62 | Sanctuary Barbell | 80.35 | 33 | 35 | 38 | 38 | 46 | 49 | 52 | 52 | 90 | 2 | 184.624 |



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Table with columns: Division, Wt Class, Athlete, YOB, Age, Team, Body Wt, Snatch (1, 2, 3), Best SN, Clean & Jerk (1, 2, 3), Best C&J, Total, Place, Sinclair. Includes sections for OPEN MEN and MASTERS MEN.



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NEW ARIZONA STATE RECORDS:

| Category | Athlete | KG | Lift | Category | Athlete | KG | Lift |
|----------|------------------|-----|--------------|-----------|------------------|-----|--------------|
| U11 F 36 | Kaiya Blackhurst | 17 | Snatch | W35 59 | Patricia Bennett | 67 | Snatch |
| U11 F 36 | Kaiya Blackhurst | 18 | Snatch | W35 59 | Patricia Bennett | 150 | Total |
| U11 F 36 | Kaiya Blackhurst | 19 | Snatch | W35 64 | Jessie Shedlock | 67 | Snatch |
| U11 F 36 | Kaiya Blackhurst | 21 | Clean & Jerk | W35 64 | Jessie Shedlock | 78 | Clean & Jerk |
| U11 F 36 | Kaiya Blackhurst | 22 | Clean & Jerk | W35 64 | Jessie Shedlock | 80 | Clean & Jerk |
| U11 F 36 | Kaiya Blackhurst | 24 | Clean & Jerk | W35 64 | Jessie Shedlock | 142 | Snatch |
| U11 F 36 | Kaiya Blackhurst | 21 | Total | W35 64 | Jessie Shedlock | 145 | Clean & Jerk |
| U11 F 36 | Kaiya Blackhurst | 22 | Total | W35 64 | Jessie Shedlock | 147 | Clean & Jerk |
| U11 F 36 | Kaiya Blackhurst | 24 | Total | | | | |
| U13 F 49 | Mahealani Mason | 52 | Clean & Jerk | U15 M >89 | Johnny Barrios | 102 | Snatch |
| U13 F 49 | Mahealani Mason | 54 | Clean & Jerk | U15 M >89 | Johnny Barrios | 133 | Clean & Jerk |
| U13 F 49 | Mahealani Mason | 55 | Clean & Jerk | U15 M >89 | Johnny Barrios | 235 | Total |
| U13 F 49 | Mahealani Mason | 97 | Total | OPEN M 81 | Nathan Cerwinske | 310 | Total |
| U13 F 49 | Mahealani Mason | 99 | Total | M35 96 | Beau Poteet | 130 | Snatch |
| U13 F 49 | Mahealani Mason | 100 | Total | M35 96 | Beau Poteet | 152 | Clean & Jerk |
| U13 F 55 | Delaney Brown | 48 | Clean & Jerk | M35 96 | Beau Poteet | 282 | Total |
| U15 F 59 | Paige Hanchett | 50 | Snatch | M35 102 | Joseph Troia | 115 | Snatch |
| U15 F 59 | Paige Hanchett | 53 | Snatch | M35 102 | Joseph Troia | 120 | Snatch |
| U15 F 59 | Paige Hanchett | 111 | Total | M35 102 | Joseph Troia | 140 | Clean & Jerk |
| U15 F 59 | Paige Hanchett | 114 | Total | M35 102 | Joseph Troia | 145 | Clean & Jerk |
| U17 F 81 | Kaylee Landa | 83 | Snatch | M35 102 | Joseph Troia | 255 | Total |
| U17 F 81 | Kaylee Landa | 86 | Snatch | M35 102 | Joseph Troia | 260 | Total |
| U17 F 81 | Kaylee Landa | 100 | Clean & Jerk | M35 102 | Joseph Troia | 265 | Total |
| U17 F 81 | Kaylee Landa | 103 | Clean & Jerk | M45 >109 | Shawn Hanrahan | 118 | Snatch |
| U17 F 81 | Kaylee Landa | 186 | Total | M45 >109 | Shawn Hanrahan | 157 | Clean & Jerk |
| U17 F 81 | Kaylee Landa | 189 | Total | M45 >109 | Shawn Hanrahan | 275 | Total |
| U20 F 81 | Kaylee Landa | 83 | Snatch | | | | |
| U20 F 81 | Kaylee Landa | 86 | Snatch | | | | |
| U20 F 81 | Kaylee Landa | 100 | Clean & Jerk | | | | |
| U20 F 81 | Kaylee Landa | 103 | Clean & Jerk | | | | |
| U20 F 81 | Kaylee Landa | 186 | Total | | | | |
| U20 F 81 | Kaylee Landa | 189 | Total | | | | |



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6-FOR-6:

| | |
|-----------|--------------------|
| U11 F 36 | Kaiya Blackhurst |
| U13 F 45 | Amelia Phillips |
| U13 F >64 | Maya Colvin |
| U15 F 55 | Brylee Colwell |
| U15 F >76 | Samantha Cardoza |
| U17 F 55 | Jordan Nantz |
| OPEN W 55 | Erika Shen |
| OPEN W 64 | Morgan Huppenthal |
| OPEN W 64 | Samantha Ellison |
| OPEN W 87 | Savannah Armstrong |
| W40 59 | Erica Chard |
| W40 71 | Jessica Walters |
| W60 81 | Jaime Gale |
| W60 81 | Lori Grijalva |
| U11 M 32 | Dominic Sanchez |
| U11 M 44 | Mitchell Jolly |
| U15 M >89 | Johnny Barrios |
| M35 109 | Ryan Mansfield |
| M45 89 | Jose Carmona |
| M50 109 | Doug Clouse |

BEST LIFTERS - FEMALE:

| | | |
|--------------------|-----------------|---------|
| YOUTH WOMEN U13 | Mahealani Mason | 159.035 |
| YOUTH WOMEN 14-15 | Paige Hanchett | 162.643 |
| YOUTH WOMEN 16-17 | Kaylee Landa | 218.725 |
| JUNIOR WOMEN 18-20 | Caitlyn Ogami | 193.103 |
| OPEN WOMEN | Angela Gallegos | 242.958 |
| MASTERS WOMEN | Jenny Clouse | 249.530 |

BEST LIFTERS - MALE:

| | | |
|------------------|------------------|---------|
| YOUTH MEN U13 | Caleb Hanchett | 134.611 |
| YOUTH MEN 14-15 | Johnny Barrios | 247.741 |
| YOUTH MEN 16-17 | DeMarcus Sanchez | 236.542 |
| JUNIOR MEN 18-20 | Calvin Barcena | 310.957 |
| OPEN MEN | Nathan Cerwinske | 367.649 |
| MASTERS MEN | Thomas Morga | 380.151 |