

# ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 1/28/2023

AZHSWA State Records may only be set at the High School State Championship.  
Athletes must be part of a High School Team and compete in the High School Division.

## ALL-TIME STATE RECORDS - GIRLS

Class	Lift	Weight	Name	School	Grade	Year
<b>45kg (99lb)</b>	Snatch	<b>42</b>	Gabriella Pfund	Chandler Prep	10	2022
	C & J	<b>56</b>	Gabriella Pfund	Chandler Prep	10	2022
	Total	<b>98</b>	Gabriella Pfund	Chandler Prep	10	2022
<b>49kg (108lb)</b>	Snatch	<b>51</b>	Jordan Nantz	Williams Field	9	2021
	C & J	<b>64</b>	Jordan Nantz	Williams Field	9	2021
	Total	<b>115</b>	Jordan Nantz	Williams Field	9	2021
<b>55kg (121lb)</b>	Snatch	<b>55</b>	Carli McBride	Queen Creek	10	2020
	C & J	<b>69</b>	Tessa Sherwood	Queen Creek	11	2022
	Total	<b>123</b>	Tessa Sherwood	Queen Creek	11	2022
<b>59kg (130lb)</b>	Snatch	<b>62</b>	Carli McBride	Queen Creek	12	2022
	C & J	<b>74</b>	Carli McBride	Queen Creek	12	2022
	Total	<b>136</b>	Carli McBride	Queen Creek	12	2022
<b>64kg (141lb)</b>	Snatch	<b>67</b>	Kale'a Mason	Basha	11	2021
	C & J	<b>85</b>	Kale'a Mason	Basha	11	2021
	Total	<b>152</b>	Kale'a Mason	Basha	11	2021
<b>71kg (156lb)</b>	Snatch	<b>59</b>	Yuliana Lopez	Metro Tech	12	2018
	C & J	<b>76</b>	Yuliana Lopez	Metro Tech	12	2018
	Total	<b>135</b>	Yuliana Lopez	Metro Tech	12	2018
<b>76kg (168lb)</b>	Snatch	<b>70</b>	Trinity Bouchal	Basha	12	2023
	C & J	<b>88</b>	Trinity Bouchal	Basha	12	2023
	Total	<b>158</b>	Trinity Bouchal	Basha	12	2023
<b>81kg (179lb)</b>	Snatch	<b>82</b>	Kaylee Landa	Desert Ridge	11	2023
	C & J	<b>101</b>	Kaylee Landa	Desert Ridge	11	2023
	Total	<b>183</b>	Kaylee Landa	Desert Ridge	11	2023
<b>87kg (192lb)</b>	Snatch	<b>76</b>	Brianna Mamac	Basha	12	2021
	C & J	<b>91</b>	Brianna Mamac	Basha	12	2021
	Total	<b>167</b>	Brianna Mamac	Basha	12	2021
<b>87kg+ (192lb+)</b>	Snatch	<b>68</b>	Alexis Jones	Queen Creek	12	2017
	C & J	<b>83</b>	Alexis Jones	Queen Creek	12	2017
	Total	<b>151</b>	Alexis Jones	Queen Creek	12	2017

# ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 1/28/2023

AZHSWA State Records may only be set at the High School State Championship.  
Athletes must be part of a High School Team and compete in the High School Division.

## STATE RECORDS - SENIOR GIRLS

Class	Lift	Weight	Name	School	Grade	Year
<b>45kg (99lb)</b>	Snatch					
	C & J					
	Total					
<b>49kg (108lb)</b>	Snatch					
	C & J					
	Total					
<b>55kg (121lb)</b>	Snatch	<b>51</b>	Brooklyn Moore	Queen Creek	12	2022
	C & J	<b>67</b>	Brooklyn Moore	Queen Creek	12	2022
	Total	<b>118</b>	Brooklyn Moore	Queen Creek	12	2022
<b>59kg (130lb)</b>	Snatch	<b>62</b>	Carli McBride	Queen Creek	12	2022
	C & J	<b>74</b>	Carli McBride	Queen Creek	12	2022
	Total	<b>136</b>	Carli McBride	Queen Creek	12	2022
<b>64kg (141lb)</b>	Snatch	<b>63</b>	Mia Rasmussen	Queen Creek	12	2019
	C & J	<b>78</b>	Mia Rasmussen	Queen Creek	12	2019
	Total	<b>141</b>	Mia Rasmussen	Queen Creek	12	2019
<b>71kg (156lb)</b>	Snatch	<b>59</b>	Yuliana Lopez	Metro Tech	12	2018
	C & J	<b>76</b>	Yuliana Lopez	Metro Tech	12	2018
	Total	<b>135</b>	Yuliana Lopez	Metro Tech	12	2018
<b>76kg (168lb)</b>	Snatch	<b>70</b>	Trinity Bouchal	Basha	12	2023
	C & J	<b>88</b>	Trinity Bouchal	Basha	12	2023
	Total	<b>158</b>	Trinity Bouchal	Basha	12	2023
<b>81kg (179lb)</b>	Snatch	<b>66</b>	Celina Ortega	Metro Tech	12	2020
	C & J	<b>90</b>	Celina Ortega	Metro Tech	12	2020
	Total	<b>156</b>	Celina Ortega	Metro Tech	12	2020
<b>87kg (192lb)</b>	Snatch	<b>76</b>	Brianna Mamac	Basha	12	2021
	C & J	<b>91</b>	Brianna Mamac	Basha	12	2021
	Total	<b>167</b>	Brianna Mamac	Basha	12	2021
<b>87kg+ (192lb+)</b>	Snatch	<b>68</b>	Alexis Jones	Queen Creek	12	2017
	C & J	<b>83</b>	Alexis Jones	Queen Creek	12	2017
	Total	<b>151</b>	Alexis Jones	Queen Creek	12	2017

# ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 1/28/2023

AZHSWA State Records may only be set at the High School State Championship.  
Athletes must be part of a High School Team and compete in the High School Division.

## STATE RECORDS - JUNIOR GIRLS

Class	Lift	Weight	Name	School	Grade	Year
<b>45kg (99lb)</b>	Snatch					
	C & J					
	Total					
<b>49kg (108lb)</b>	Snatch	<b>35</b>	Trinity Klingler	ALA Tech	11	2023
	C & J	<b>50</b>	Trinity Klingler	ALA Tech	11	2023
	Total	<b>85</b>	Trinity Klingler	ALA Tech	11	2023
<b>55kg (121lb)</b>	Snatch	<b>54</b>	Tessa Sherwood	Queen Creek	11	2022
	C & J	<b>69</b>	Tessa Sherwood	Queen Creek	11	2022
	Total	<b>123</b>	Tessa Sherwood	Queen Creek	11	2022
<b>59kg (130lb)</b>	Snatch	<b>33</b>	Ella Rogers	Basha	11	2020
	C & J	<b>43</b>	Cristal Valenzula	Metro Tech	11	2019
	Total	<b>73</b>	Ella Rogers	Basha	11	2020
<b>64kg (141lb)</b>	Snatch	<b>67</b>	Kale'a Mason	Basha	11	2021
	C & J	<b>85</b>	Kale'a Mason	Basha	11	2021
	Total	<b>152</b>	Kale'a Mason	Basha	11	2021
<b>71kg (156lb)</b>	Snatch	<b>52</b>	Julia Hass	Queen Creek	11	2021
	C & J	<b>75</b>	Izabella Holly	Cienega	11	2023
	Total	<b>127</b>	Izabella Holly	Cienega	11	2023
<b>76kg (168lb)</b>	Snatch	<b>54</b>	Stella Czaja	Sunnyslope	11	2023
	C & J	<b>72</b>	Lilly Nevill	Queen Creek	11	2019
	Total	<b>118</b>	Lilly Nevill	Queen Creek	11	2019
<b>81kg (179lb)</b>	Snatch	<b>82</b>	Kaylee Landa	Desert Ridge	11	2023
	C & J	<b>101</b>	Kaylee Landa	Desert Ridge	11	2023
	Total	<b>183</b>	Kaylee Landa	Desert Ridge	11	2023
<b>87kg (192lb)</b>	Snatch	<b>55</b>	Brianne Mamac	Basha	11	2020
	C & J	<b>65</b>	Brianne Mamac	Basha	11	2020
	Total	<b>120</b>	Brianne Mamac	Basha	11	2020
<b>87kg+ (192lb+)</b>	Snatch	<b>66</b>	Alexis Jones	Queen Creek	11	2017
	C & J	<b>81</b>	Alexis Jones	Queen Creek	11	2017
	Total	<b>147</b>	Alexis Jones	Queen Creek	11	2017

# ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 1/28/2023

AZHSWA State Records may only be set at the High School State Championship.  
Athletes must be part of a High School Team and compete in the High School Division.

## STATE RECORDS - SOPHOMORE GIRLS

Class	Lift	Weight	Name	School	Grade	Year
<b>45kg (99lb)</b>	Snatch	42	Gabriella Pfund	Chandler Prep	10	2022
	C & J	56	Gabriella Pfund	Chandler Prep	10	2022
	Total	98	Gabriella Pfund	Chandler Prep	10	2022
<b>49kg (108lb)</b>	Snatch	28	Amy Flores	Metro Tech	10	2023
	C & J	34	Amy Flores	Metro Tech	10	2023
	Total	62	Amy Flores	Metro Tech	10	2023
<b>55kg (121lb)</b>	Snatch	55	Carli McBride	Queen Creek	10	2020
	C & J	67	Carli McBride	Queen Creek	10	2020
	Total	122	Carli McBride	Queen Creek	10	2020
<b>59kg (130lb)</b>	Snatch	54	Brynli McBride	American Leadership QC	10	2023
	C & J	63	Kale'a Mason	Basha	10	2020
	Total	113	Kale'a Mason	Basha	10	2020
<b>64kg (141lb)</b>	Snatch	33	Zytka Heathman	Globe	10	2019
	C & J	44	Zytka Heathman	Globe	10	2019
	Total	77	Zytka Heathman	Globe	10	2019
<b>71kg (156lb)</b>	Snatch	32	Julia Haas	Perry	10	2020
	C & J	38	Julia Haas	Perry	10	2020
	Total	70	Julia Haas	Perry	10	2020
<b>76kg (168lb)</b>	Snatch	55	Stella Czaja	Sunnyslope	10	2022
	C & J	68	Kaelyn Rice	Perry	10	2019
	Total	119	Kaelyn Rice	Perry	10	2019
<b>81kg (179lb)</b>	Snatch	75	Kaylee Landa	Desert Ridge	10	2022
	C & J	91	Kaylee Landa	Desert Ridge	10	2022
	Total	166	Kaylee Landa	Desert Ridge	10	2022
<b>87kg (192lb)</b>	Snatch	32	Maria Elena Estavillo	Cienega	10	2023
	C & J	37	Maria Elena Estavillo	Cienega	10	2023
	Total	69	Maria Elena Estavillo	Cienega	10	2023
<b>87kg+ (192lb+)</b>	Snatch	46	Kealani Curtis	Queen Creek	10	2017
	C & J	60	Kealani Curtis	Queen Creek	10	2017
	Total	106	Kealani Curtis	Queen Creek	10	2017

# ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 1/28/2023

AZHSWA State Records may only be set at the High School State Championship.  
Athletes must be part of a High School Team and compete in the High School Division.

## STATE RECORDS - FRESHMAN GIRLS

Class	Lift	Weight	Name	School	Grade	Year
<b>45kg (99lb)</b>	Snatch					
	C & J					
	Total					
<b>49kg (108lb)</b>	Snatch	<b>51</b>	Jordan Nantz	Williams Field	9	2021
	C & J	<b>64</b>	Jordan Nantz	Williams Field	9	2021
	Total	<b>115</b>	Jordan Nantz	Williams Field	9	2021
<b>55kg (121lb)</b>	Snatch	<b>53</b>	Kawena Mason	Basha	9	2022
	C & J	<b>63</b>	Kawena Mason	Basha	9	2022
	Total	<b>116</b>	Kawena Mason	Basha	9	2022
<b>59kg (130lb)</b>	Snatch	<b>45</b>	Carli McBride	Queen Creek	9	2019
	C & J	<b>57</b>	Carli McBride	Queen Creek	9	2019
	Total	<b>102</b>	Carli McBride	Queen Creek	9	2019
<b>64kg (141lb)</b>	Snatch	<b>36</b>	Dylan Shelley	American Leadership QC	9	2018
	C & J	<b>48</b>	Dylan Shelley	American Leadership QC	9	2018
	Total	<b>84</b>	Dylan Shelley	American Leadership QC	9	2018
<b>71kg (156lb)</b>	Snatch	<b>47</b>	Asia Jones	American Leadership QC	9	2019
	C & J	<b>64</b>	Asia Jones	American Leadership QC	9	2019
	Total	<b>111</b>	Asia Jones	American Leadership QC	9	2019
<b>76kg (168lb)</b>	Snatch					
	C & J					
	Total					
<b>81kg (179lb)</b>	Snatch	<b>62</b>	Kaylee Landa	Desert Ridge	9	2021
	C & J	<b>78</b>	Kaylee Landa	Desert Ridge	9	2021
	Total	<b>140</b>	Kaylee Landa	Desert Ridge	9	2021
<b>87kg (192lb)</b>	Snatch					
	C & J					
	Total					
<b>87kg+ (192lb+)</b>	Snatch	<b>53</b>	Emma Trampp	Eastmark	9	2023
	C & J	<b>60</b>	Emma Trampp	Eastmark	9	2023
	Total	<b>113</b>	Emma Trampp	Eastmark	9	2023



# ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 1/28/2023

AZHSWA State Records may only be set at the High School State Championship.  
Athletes must be part of a High School Team and compete in the High School Division.

## STATE RECORDS - 8<sup>th</sup> GRADE GIRLS

Class	Lift	Weight	Name	School	Grade	Year
<b>40kg (88lb)</b>	Snatch	<b>24</b>	Maia Acton	Casteel	8	2022
	C & J	<b>32</b>	Maia Acton	Casteel	8	2022
	Total	<b>56</b>	Maia Acton	Casteel	8	2022
<b>45kg (99lb)</b>	Snatch	<b>34</b>	Lucy Mullenau	American Leadership QC	8	2023
	C & J	<b>42</b>	Lucy Mullenau	American Leadership QC	8	2023
	Total	<b>76</b>	Lucy Mullenau	American Leadership QC	8	2023
<b>49kg (108lb)</b>	Snatch	<b>35</b>	Paige Hanchett	Franklin	8	2021
	C & J	<b>43</b>	Paige Hanchett	Franklin	8	2021
	Total	<b>78</b>	Paige Hanchett	Franklin	8	2021
<b>55kg (121lb)</b>	Snatch	<b>50</b>	Kawena Mason	Basha	8	2021
	C & J	<b>60</b>	Brynli McBride	American Leadership QC	8	2021
	Total	<b>108</b>	Brynli McBride	American Leadership QC	8	2021
<b>59kg (130lb)</b>	Snatch	<b>47</b>	Amelia Jones	American Leadership QC	8	2019
	C & J	<b>47</b>	Lilly Hill	American Leadership QC	8	2022
	Total	<b>85</b>	Lilly Hill	American Leadership QC	8	2022
<b>64kg (141lb)</b>	Snatch					
	C & J					
	Total					
<b>71kg (156lb)</b>	Snatch					
	C & J					
	Total					
<b>76kg (168lb)</b>	Snatch					
	C & J					
	Total					
<b>81kg (179lb)</b>	Snatch					
	C & J					
	Total					
<b>81kg+ (179lb+)</b>	Snatch	<b>42</b>	Emma Trampp	Eastmark	8	2022
	C & J	<b>55</b>	Emma Trampp	Eastmark	8	2022
	Total	<b>97</b>	Emma Trampp	Eastmark	8	2022

# ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 1/28/2023

AZHSWA State Records may only be set at the High School State Championship.  
Athletes must be part of a High School Team and compete in the High School Division.

## STATE RECORDS - 7<sup>th</sup> GRADE GIRLS

Class	Lift	Weight	Name	School	Grade	Year
<b>40kg (88lb)</b>	Snatch	<b>39</b>	Mahealani Mason	Santan	7	2022
	C & J	<b>50</b>	Mahealani Mason	Santan	7	2022
	Total	<b>89</b>	Mahealani Mason	Santan	7	2022
<b>45kg (99lb)</b>	Snatch	<b>38</b>	Kawena Mason	Basha	7	2020
	C & J	<b>43</b>	Kawena Mason	Basha	7	2020
	Total	<b>81</b>	Kawena Mason	Basha	7	2020
<b>49kg (108lb)</b>	Snatch	<b>33</b>	Shayna Shiermeyer	American Leadership QC	7	2017
	C & J	<b>46</b>	Kale'a Mason	American Leadership QC	7	2017
	Total	<b>78</b>	Kale'a Mason	American Leadership QC	7	2017
<b>55kg (121lb)</b>	Snatch	<b>31</b>	Brylee Colwell	Eastmark	7	2021
	C & J	<b>38</b>	Brylee Colwell	Eastmark	7	2021
	Total	<b>69</b>	Brylee Colwell	Eastmark	7	2021
<b>59kg (130lb)</b>	Snatch	<b>28</b>	Paxton Hansen	Globe	7	2018
	C & J	<b>37</b>	Paxton Hansen	Globe	7	2018
	Total	<b>65</b>	Paxton Hansen	Globe	7	2018
<b>64kg (141lb)</b>	Snatch	<b>29</b>	Michaela Jolly	Nance St. Academy	7	2023
	C & J	<b>38</b>	Michaela Jolly	Nance St. Academy	7	2023
	Total	<b>67</b>	Michaela Jolly	Nance St. Academy	7	2023
<b>71kg (156lb)</b>	Snatch	<b>58</b>	Kodi McBride	American Leadership QC	7	2023
	C & J	<b>66</b>	Kodi McBride	American Leadership QC	7	2023
	Total	<b>124</b>	Kodi McBride	American Leadership QC	7	2023
<b>76kg (168lb)</b>	Snatch					
	C & J					
	Total					
<b>81kg (179lb)</b>	Snatch					
	C & J					
	Total					
<b>81kg+ (179lb+)</b>	Snatch	<b>34</b>	Emma Trampp	Eastmark	7	2021
	C & J	<b>37</b>	Emma Trampp	Eastmark	7	2021
	Total	<b>71</b>	Emma Trampp	Eastmark	7	2021