

ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 5/22/2021

AZHSWA State Top Performance Records may only be set at the AZHSWA Championship
Top Performance Rankings are based on Sinclair Formula - Which uses Bodyweight relative to Total

TOP PERFORMANCES - GIRLS

Rank	Sinclair	Total	BW	Name	School	Grade	Location
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ALL-TIME

1	203.01	152	61.10	Kale'a Mason	Basha	11	2021
2	188.43	167	84.70	Brianna Mamac	Basha	12	2021
3	183.05	141	63.80	Mia Rasmussen	Queen Creek	12	2019
4	182.29	115	48.00	Jordan Nantz	Williams Field	9	2021
5	181.15	156	79.20	Celina Ortega	Metro Tech	12	2020
6	177.19	135	64.20	Yuliana Lopez	Metro Tech	12	2018
7	175.62	122	54.60	Carli McBride	Queen Creek	10	2020
8	174.05	142	103.90	Alexis Jones	Queen Creek	11	2017
9	173.64	120	54.20	Brooklyn Moore	Queen Creek	11	2021
10	166.61	108	49.70	Brynli McBride	American Leadership QC	8	2021
11	165.84	81	36.00	Mahealani Mason	Carlson	6	2021
12	160.96	140	81.00	Kaylee Landa	Desert Ridge	9	2021
13	157.44	103	50.30	Kawena Mason	Basha	8	2021
14	156.49	118	61.80	Raigan Petersen	Queen Creek	11	2021
15	154.85	117	62.00	Kendal Jones	American Leadership QC	10	2019
16	150.37	105	55.00	Bella Graves	Queen Creek	10	2019
17	147.94	115	65.00	Julia Haas	Queen Creek	11	2021
18	147.03	94	50.70	Julianna Park	American Leadership QC	12	2017
19	145.84	92	49.90	Antonia Chirco	Queen Creek	11	2017
20	142.20	104	58.90	Nicole Bowman	Queen Creek	12	2019
21	141.04	119	75.80	Kaelyn Rice	Perry	10	2019
22	140.94	97	55.60	Emma Kennedy	Queen Creek	12	2016
23	138.67	108	65.20	Araceli Cabrera	Metro Tech	11	2019
24	137.04	101	61.10	Paloma Palomarez	Queen Creek	12	2016
25	136.98	111	70.00	Asia Jones	American Leadership QC	9	2019
26	136.09	41	23.50	Tierany Lally	CTA Freedom	6	2021
27	135.47	115	77.40	Lorena Calderon	Metro Tech	9	2018
28	135.40	121	102.60	Kami Wilhelm	Queen Creek	12	2016
29	134.49	104	65.70	Amanda Cochran	Queen Creek	11	2017
30	132.77	92	56.10	Tyanne Workman	American Leadership QC	10	2017

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SENIOR							
1	188.43	167	84.70	Brianna Mamac	Basha	12	2021
2	183.05	141	63.80	Mia Rasmussen	Queen Creek	12	2019
3	181.15	156	79.20	Celina Ortega	Metro Tech	12	2020
4	177.19	135	64.20	Yuliana Lopez	Metro Tech	12	2018
5	158.47	151	104.10	Alexis Jones	Queen Creek	12	2017
6	147.03	94	50.70	Julianna Park	American Leadership QC	12	2017
7	142.20	104	58.90	Nicole Bowman	Queen Creek	12	2019
8	140.94	97	55.60	Emma Kennedy	Queen Creek	12	2016
9	137.04	101	61.10	Paloma Palomarez	Queen Creek	12	2016
10	135.40	121	102.60	Kami Wilhelm	Queen Creek	12	2016
11	132.69	96	59.50	Lesly Martinez	Metro Tech	12	2018
12	132.09	100	62.20	Madelyn Martinez	Queen Creek	12	2019
13	121.89	84	54.90	Romina Qunitero	Metro Tech	12	2020
14	121.79	80	52.40	Allie Serrano	Perry	12	2017
15	116.82	101	79.90	Desslie Valencia	Metro Tech	12	2020
16	107.13	67	49.40	Carmen Cruz	Metro Tech	12	2018
17	97.43	82	75.40	Sindur Falomir	Metro Tech	12	2020
18	93.81	62	52.80	Johanna Vargas	Metro Tech	12	2018
19	88.97	73	72.60	Karen Rivera	Metro Tech	12	2017
20	78.18	68	81.00	Samantha Contreras	Metro Tech	12	2019
JUNIOR							
1	203.01	152	61.10	Kale'a Mason	Basha	11	2021
2	174.05	142	103.90	Alexis Jones	Queen Creek	11	2017
3	173.64	120	54.20	Brooklyn Moore	Queen Creek	11	2021
4	156.49	118	61.80	Raigan Petersen	Queen Creek	11	2021
5	152.91	133	81.00	Celina Ortega	Metro Tech	11	2019
6	147.94	115	65.00	Julia Haas	Queen Creek	11	2021
7	145.84	92	49.90	Antonia Chirco	Queen Creek	11	2017
8	199.89	85	53.00	Julianna Park	American Leadership QC	11	2017
9	140.03	118	75.60	Lilly Nevill	Queen Creek	11	2019
10	138.67	108	65.20	Araceli Cabrera	Metro Tech	11	2019
11	134.49	104	65.70	Amanda Cochran	Queen Creek	11	2017
12	134.39	120	86.30	Brianna Mamac	Basha	11	2019
13	131.33	86	52.20	Jordan Kettring	American Leadership QC	11	2017
14	128.29	91	64.80	Savannah Gries	Queen Creek	11	2017
15	125.36	118	11.80	Makiya Moore	Queen Creek	11	2019
16	123.84	98	68.20	Bailey Call	American Leadership QC	11	2019
17	118.27	89	63.00	Kennedy McLeod	American Leadership QC	11	2019
18	100.83	73	58.00	Ella Rogers	Basha	11	2019
19	98.24	88	87.00	Desslie Valencia	Metro Tech	11	2019
20	92.54	67	58.00	Cristal Valenzula	Metro Tech	11	2019

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Rank	Sinclair	Total	BW	Name	School	Grade	Location
SOPHOMORE							
1	175.62	122	54.60	Carli McBride	Queen Creek	10	2020
2	164.90	115	54.90	Kale'a Mason	Basha	10	2020
3	154.85	117	62.00	Kendal Jones	American Leadership QC	10	2019
4	150.37	105	55.00	Bella Graves	Queen Creek	10	2019
5	141.04	119	75.80	Kaelyn Rice	Perry	10	2019
6	132.77	92	56.10	Tyanne Workman	American Leadership QC	10	2017
7	111.36	106	103.70	Kealani Curtis	Queen Creek	10	2017
8	109.94	90	72.30	Bailey Call	American Leadership QC	10	2017
9	104.03	77	60.00	Zytka Heathman	Globe	10	2019
10	98.19	82	78.20	Celina Ortega	Metro Tech	10	2018
11	95.44	65	53.10	Kai-Ra De La Fuente	Chaparral	10	2019
12	95.24	65	55.00	Kennedy McLeod	American Leadership QC	10	2018
13	88.34	70	67.20	Julia Haas	Perry	10	2020
14	87.73	53	45.50	Arly Mayo	Metro Tech	10	2020
15	86.07	48	40.50	Vivian Lara Olivas	Metro Tech	10	2019
16	82.64	77	97.40	Kirra Goldberg	Basha	10	2021
17	64.46	41	48.50	Jocelyn Gonzales	Metro Tech	10	2019
18							
19							
20							
FRESHMAN							
1	182.29	115	48.00	Jordan Nantz	Williams Field	9	2021
2	164.90	115	54.90	Kale'a Mason	American Leadership QC	9	2018
3	160.96	140	81.00	Kaylee Landa	Desert Ridge	9	2021
4	136.98	111	70.00	Asia Jones	American Leadership QC	9	2019
5	135.47	115	77.40	Lorena Calderon	Metro Tech	9	2018
6	129.86	83	48.80	Tessa Sherwood	Casteel	9	2020
7	117.54	75	48.70	Trinity Klingler	Eastmark	9	2021
8	112.72	78	56.00	Kendal Jones	American Leadership QC	9	2018
9	111.87	84	62.80	Dylan Shelley	American Leadership QC	9	2018
10	110.23	67	47.80	Gianna Martelotta	American Leadership QC	9	2018
11	98.19	82	78.20	Celina Ortega	Metro Tech	9	2018
12	81.88	62	63.60	Samantha Irish	Globe	9	2018
13	77.12	53	55.50	Taylor Winfield	American Leadership QC	9	2018
14	66.12	45	53.00	Karina Rondin	Metro Tech	9	2019
15							
16							
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18							
19							
20							

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TOP PERFORMANCES - GIRLS GRADE SCHOOL

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8th GRADE

1	166.61	108	49.70	Brynli McBride	American Leadership QC	8	2021
2	157.44	103	50.30	Kawena Mason	Basha	8	2021
3	153.54	98	50.60	Kale'a Mason	American Leadership QC	8	2017
4	123.03	78	48.30	Paige Hanchett	Franklin	8	2021
5	100.78	64	48.40	Tyra Starkey	Casteel	8	2021
6	95.00	59	49.00	Kenly Key	American Leadership QC	8	2018
7	92.15	61	52.90	Lindsay Brewer	American Leadership QC	8	2018
8	87.95	83	101.70	Rhees Brown	Eastmark	8	2021
9	80.31	53	52.70	Sydni Gythrie	American Leadership QC	8	2018

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7th GRADE

1	143.34	83	45.30	Kale'a Mason	American Leadership QC	7	2017
2	141.72	106	61.00	Amelia Jones	American Leadership QC	7	2019
3	140.09	81	43.20	Kawena Mason	Basha	7	2020
4	124.55	74	44.60	Brynli McBride	American Leadership QC	7	2020
5	121.00	73	47.40	Shayna Schiermeyer	American Leadership QC	7	2017
6	112.00	47	31.10	Maia Acton	Casteel	7	2021
7	91.51	65	58.00	Paxton Hanson	Globe	7	2018
8	79.67	50	49.60	Athena Shigley	American Leadership QC	7	2018
9	76.01	71	98.20	Emma Trampp	Eastmark	7	2021

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6th GRADE

1	165.84	81	36.00	Mahealani Mason	Carlson	6	2021
2	143.58	75	38.60	Kawena Mason	Carlson	6	2019
3	136.09	41	23.50	Tierany Lally	CTA Freedom	6	2021
4	99.84	69	54.20	Brylee Colwell	Silver Valley	6	2021
5	89.13	49	40.80	Kale'a Mason	American Leadership QC	6	2016
6	88.12	41	34.30	Lucy Mullenau	American Leadership QC	6	2021

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5th GRADE

1	154.29	62	29.90	Mahealani Mason	Carlson	5	2020
2	126.12	55	34.40	Kawena Mason	Carlson	5	2018
3	123.32	94	62.90	Kodi McBride	American Leadership QC	5	2021
4	106.18	46	34.20	Braelyn Shiermeyer	American Leadership QC	5	2017
5	104.62	64	46.20	Delaney Brown	Eastmark	5	2021
6	96.78	44	35.70	Isabella Park	American Leadership QC	4	2017
7	65.66	33	39.20	Daisy Hanson	Globe	4	2018

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