

ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 2/5/2022

AZHSWA State Top Performance Records may only be set at the AZHSWA Championship
Top Performance Rankings are based on Sinclair Formula - Which uses Bodyweight relative to Total

TOP PERFORMANCES - GIRLS ALL-TIME

Rank	Sinclair	Total	BW	Name	School	Grade	Year
ALL-TIME PERFORMANCES							
1	203.01	152	61.10	Kale'a Mason	Basha	11	2021
2	190.85	166	81.00	Kaylee Landa	Desert Ridge	10	2022
3	190.05	136	57.00	Carli McBride	Queen Creek	12	2022
4	188.43	167	84.70	Brianna Mamac	Basha	12	2021
5	183.05	141	63.80	Mia Rasmussen	Queen Creek	12	2019
6	182.29	115	48.00	Jordan Nantz	Williams Field	9	2021
7	181.15	156	79.20	Celina Ortega	Metro Tech	12	2020
8	179.40	123	53.60	Tessa Sherwood	Queen Creek	11	2022
9	177.19	135	64.20	Yuliana Lopez	Metro Tech	12	2018
10	174.05	142	103.90	Alexis Jones	Queen Creek	11	2017
11	173.64	120	54.20	Brooklyn Moore	Queen Creek	11	2021
12	172.09	126	59.00	Raigan Petersen	Queen Creek	12	2022
13	170.33	116	53.10	Kawena Mason	Basha	9	2022
14	166.88	107	49.00	Brynli McBride	American Leadership QC	9	2022
15	166.21	98	44.20	Gabriella Pfund	Chandler Prep	10	2022
16	165.84	81	36.00	Mahealani Mason	Carlson	6	2021
17	159.02	126	67.20	Julia Haas	Queen Creek	12	2022
18	154.85	117	62.00	Kendal Jones	American Leadership QC	10	2019
19	150.37	105	55.00	Bella Graves	Queen Creek	10	2019
20	147.03	94	50.70	Julianna Park	American Leadership QC	12	2017
21	145.84	92	49.90	Antonia Chirco	Queen Creek	11	2017
22	142.20	104	58.90	Nicole Bowman	Queen Creek	12	2019
23	141.95	119	74.80	Stella Czaja	Sunnyslope	10	2022
24	141.72	106	61.00	Amelia Jones	American Leadership QC	7	2019
25	141.04	119	75.80	Kaelyn Rice	Perry	10	2019
26	140.94	97	55.60	Emma Kennedy	Queen Creek	12	2016
27	140.85	95	52.40	Paige Hanchett	Red Mounatin	9	2022
28	139.89	110	66.30	Aurora Hanchett	Red Mountain	12	2022
29	138.67	108	65.20	Araceli Cabrera	Metro Tech	11	2019
30	137.91	110	68.00	Kodi McBride	American Leadership QC	6	2022
31	137.04	101	61.10	Paloma Palomarez	Queen Creek	12	2016
32	136.98	111	70.00	Asia Jones	American Leadership QC	9	2019
33	136.09	41	23.50	Tierany Lally	CTA Freedom	6	2021
34	135.47	115	77.40	Lorena Calderon	Metro Tech	9	2018
35	135.40	121	102.60	Kami Wilhelm	Queen Creek	12	2016
36	134.49	104	65.70	Amanda Cochran	Queen Creek	11	2017
37	132.77	92	56.10	Tyanne Workman	American Leadership QC	10	2017
38	132.69	96	59.50	Lesly Martinez	Metro Tech	12	2018
39	132.09	100	62.20	Madelyn Martinez	Queen Creek	12	2019
40	131.33	86	52.20	Jordan Kettring	American Leadership QC	11	2017

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SENIOR							
1	190.05	136	57.00	Carli McBride	Queen Creek	12	2022
2	188.43	167	84.70	Brianna Mamac	Basha	12	2021
3	183.05	141	63.80	Mia Rasmussen	Queen Creek	12	2019
4	181.15	156	79.20	Celina Ortega	Metro Tech	12	2020
5	177.19	135	64.20	Yuliana Lopez	Metro Tech	12	2018
6	172.09	126	59.00	Raigan Petersen	Queen Creek	12	2022
7	171.87	118	53.70	Brooklyn Moore	Queen Creek	12	2022
8	159.02	126	67.20	Julia Haas	Queen Creek	12	2022
9	158.47	151	104.10	Alexis Jones	Queen Creek	12	2017
10	147.03	94	50.70	Julianna Park	American Leadership QC	12	2017
11	142.20	104	58.90	Nicole Bowman	Queen Creek	12	2019
12	140.94	97	55.60	Emma Kennedy	Queen Creek	12	2016
13	139.89	110	66.30	Aurora Hanchett	Red Mountain	12	2022
14	137.04	101	61.10	Paloma Palomarez	Queen Creek	12	2016
15	135.40	121	102.60	Kami Wilhelm	Queen Creek	12	2016
16	132.69	96	59.50	Lesly Martinez	Metro Tech	12	2018
17	132.09	100	62.20	Madelyn Martinez	Queen Creek	12	2019
18	121.89	84	54.90	Romina Qunitero	Metro Tech	12	2020
19	121.79	80	52.40	Allie Serrano	Perry	12	2017
20	116.82	101	79.90	Desslie Valencia	Metro Tech	12	2020
JUNIOR							
1	203.01	152	61.10	Kale'a Mason	Basha	11	2021
2	179.40	123	53.60	Tessa Sherwood	Queen Creek	11	2022
3	174.05	142	103.90	Alexis Jones	Queen Creek	11	2017
4	173.64	120	54.20	Brooklyn Moore	Queen Creek	11	2021
5	156.49	118	61.80	Raigan Petersen	Queen Creek	11	2021
6	152.91	133	81.00	Celina Ortega	Metro Tech	11	2019
7	147.94	115	65.00	Julia Haas	Queen Creek	11	2021
8	145.84	92	49.90	Antonia Chirco	Queen Creek	11	2017
9	140.03	118	75.60	Lilly Nevill	Queen Creek	11	2019
10	138.67	108	65.20	Araceli Cabrera	Metro Tech	11	2019
11	134.49	104	65.70	Amanda Cochran	Queen Creek	11	2017
12	134.39	120	86.30	Brianna Mamac	Basha	11	2019
13	131.33	86	52.20	Jordan Ketting	American Leadership QC	11	2017
14	128.29	91	64.80	Savannah Gries	Queen Creek	11	2017
15	125.36	118	11.80	Makiya Moore	Queen Creek	11	2019
16	124.98	85	53.00	Julianna Park	American Leadership QC	11	2017
17	123.84	98	68.20	Bailey Call	American Leadership QC	11	2019
18	118.27	89	63.00	Kennedy McLeod	American Leadership QC	11	2019
19	100.83	73	58.00	Ella Rogers	Basha	11	2019
20	98.24	88	87.00	Desslie Valencia	Metro Tech	11	2019

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Rank	Sinclair	Total	BW	Name	School	Grade	Year
SOPHOMORE							
1	190.85	166	81.00	Kaylee Landa	Desert Ridge	10	2022
2	175.62	122	54.60	Carli McBride	Queen Creek	10	2020
3	166.21	98	44.20	Gabriella Pfund	Chandler Prep	10	2022
4	164.90	115	54.90	Kale'a Mason	Basha	10	2020
5	154.85	117	62.00	Kendal Jones	American Leadership QC	10	2019
6	150.37	105	55.00	Bella Graves	Queen Creek	10	2019
7	141.95	119	74.80	Stella Czaja	Sunnyslope	10	2022
8	141.04	119	75.80	Kaelyn Rice	Perry	10	2019
9	132.77	92	56.10	Tyanne Workman	American Leadership QC	10	2017
10	129.39	88	53.00	Trinity Klingler	Eastmark	10	2022
11	111.36	106	103.70	Kealani Curtis	Queen Creek	10	2017
12	109.94	90	72.30	Bailey Call	American Leadership QC	10	2017
13	104.03	77	60.00	Zytka Heathman	Globe	10	2019
14	98.19	82	78.20	Celina Ortega	Metro Tech	10	2018
15	95.44	65	53.10	Kai-Ra De La Fuente	Chaparral	10	2019
16	95.24	65	55.00	Kennedy McLeod	American Leadership QC	10	2018
17	88.34	70	67.20	Julia Haas	Perry	10	2020
18	87.73	53	45.50	Arly Mayo	Metro Tech	10	2020
19	86.07	48	40.50	Vivian Lara Olivas	Metro Tech	10	2019
20	82.64	77	97.40	Kirra Goldberg	Basha	10	2021
FRESHMAN							
1	182.29	115	48.00	Jordan Nantz	Williams Field	9	2021
2	170.33	116	53.10	Kawena Mason	Basha	9	2022
3	166.88	107	49.00	Brynli McBride	American Leadership QC	9	2022
4	164.90	115	54.90	Kale'a Mason	American Leadership QC	9	2018
5	160.96	140	81.00	Kaylee Landa	Desert Ridge	9	2021
6	140.85	95	52.40	Paige Hanchett	Red Mounatin	9	2022
7	136.98	111	70.00	Asia Jones	American Leadership QC	9	2019
8	135.47	115	77.40	Lorena Calderon	Metro Tech	9	2018
9	129.86	83	48.80	Tessa Sherwood	Casteel	9	2020
10	117.54	75	48.70	Trinity Klingler	Eastmark	9	2021
11	113.57	72	48.30	Charlize Jolly	Redeemer Christian	9	2022
12	112.72	78	56.00	Kendal Jones	American Leadership QC	9	2018
13	111.87	84	62.80	Dylan Shelley	American Leadership QC	9	2018
14	110.23	67	47.80	Gianna Martelotta	American Leadership QC	9	2018
15	98.19	82	78.20	Celina Ortega	Metro Tech	9	2018
16	97.79	91	97.00	Rhees Brown	Eastmark	9	2022
17	81.88	62	63.60	Samantha Irish	Globe	9	2018
18	77.12	53	55.50	Taylor Winfield	American Leadership QC	9	2018
19	67.18	46	53.50	Gwen Littler	American Leadership QC	9	2022
20	66.12	45	53.00	Karina Rondin	Metro Tech	9	2019

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TOP PERFORMANCES - GIRLS GRADE SCHOOL

Rank	Sinclair	Total	BW	Name	School	Grade	Location
8th GRADE							
1	166.61	108	49.70	Brynli McBride	American Leadership QC	8	2021
2	157.44	103	50.30	Kawena Mason	Basha	8	2021
3	153.54	98	50.60	Kale'a Mason	American Leadership QC	8	2017
4	123.32	86	54.90	Brylee Colwell	Eastmark	8	2022
5	123.03	78	48.30	Paige Hanchett	Franklin	8	2021
6	119.30	56	34.60	Maia Acton	Casteel	8	2022
7	118.24	85	56.40	Lilly Hill	American Leadership QC	8	2022
8	110.96	70	47.00	Brinly Phillips	Payne	8	2022
9	101.78	97	105.50	Emma Trampp	Eastmark	8	2022
10	100.78	64	48.40	Tyra Starkey	Casteel	8	2021
7th GRADE							
1	164.84	89	40.00	Mahealani Mason	Santan	7	2022
2	143.34	83	45.30	Kale'a Mason	American Leadership QC	7	2017
3	141.72	106	61.00	Amelia Jones	American Leadership QC	7	2019
4	140.09	81	43.20	Kawena Mason	Basha	7	2020
5	128.87	43	25.50	Tierany Lally	Casteel	7	2022
6	124.55	74	44.60	Brynli McBride	American Leadership QC	7	2020
7	121.00	73	47.40	Shayna Schiermeyer	American Leadership QC	7	2017
8	118.24	65	40.80	Amelia Phillips	Payne	7	2022
9	112.00	47	31.10	Maia Acton	Casteel	7	2021
10	105.66	53	37.00	Lucy Mullenau	American Leadership QC	7	2022
6th GRADE							
1	165.84	81	36.00	Mahealani Mason	Carlson	6	2021
2	143.58	75	38.60	Kawena Mason	Carlson	6	2019
3	137.91	110	68.00	Kodi McBride	American Leadership QC	6	2022
4	136.09	41	23.50	Tierany Lally	CTA Freedom	6	2021
5	113.31	78	53.90	Delaney Brown	Eastmark	6	2022
6	89.13	49	40.80	Kale'a Mason	American Leadership QC	6	2016
7	88.12	41	34.30	Lucy Mullenau	American Leadership QC	6	2021
8							
9							
10							
5th GRADE							
1	154.29	62	29.90	Mahealani Mason	Carlson	5	2020
2	126.12	55	34.40	Kawena Mason	Carlson	5	2018
3	123.32	94	62.90	Kodi McBride	American Leadership QC	5	2021
4	106.18	46	34.20	Braelyn Shiermeyer	American Leadership QC	5	2017
5	105.86	38	27.10	Lilly Mullenau	American Leadership QC	5	2022
6	104.62	64	46.20	Delaney Brown	Eastmark	5	2021
7	96.78	44	35.70	Isabella Park	American Leadership QC	4	2017
8	96.29	55	42.60	Luna Gilmore	Chaparral	4	2022
9	65.66	33	39.20	Daisy Hanson	Globe	4	2018
10							