



# MOUNTAIN SOUTH WSO RECORDS

## TOP PERFORMANCES



From 1/1/2022 through 12/10/2022

Ranked by Sinclair from WSO Championship, National & International Competitions

Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
<b>JUNIOR WOMEN U20 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	272.271	55kg	Leila	Cook	AZ	20	Unattached	54.54	81	108	189	6/28/22
2	224.564	71kg	Addie	Anderson	UT	19	Zion Barbell	69.31	76	105	181	6/29/22
3	223.730	81kg	Kaylee	Landa	AZ	17	Power & Grace Performance	79.50	87	106	193	12/3/22
4	218.529	59kg	Grace	Le	UT	19	Praxis Weightlifting	59.00	70	90	160	10/8/22
5	213.301	49kg	Jordan	Nantz	AZ	16	Power & Grace Performance	48.65	61	75	136	6/27/22
6	210.246	76kg	Celina	Ortega	AZ	20	Sanctuary Barbell	75.45	75	102	177	10/8/22
7	197.294	55kg	Brooklyn	Moore	AZ	18	Power & Grace Performance	53.45	60	75	135	6/28/22
8	197.142	49kg	Mahealani	Ikei	AZ	17	Power & Grace Performance	48.80	57	69	126	6/27/22
9	196.014	64kg	Kale'a	Mason	AZ	19	Power & Grace Performance	61.93	67	81	148	6/29/22
10	195.511	+81kg	Malia	Levy	AZ	17	Praxis Weightlifting	118.25	82	109	191	3/6/22
11	193.103	59kg	Caitlyn	Ogami	AZ	18	Alee Athletics	57.50	60	79	139	10/15/22
12	191.532	59kg	Carli	McBride	AZ	18	Power & Grace Performance	56.35	60	76	136	6/28/22
13	188.368	71kg	Zavia	Burton	NM	16	Miller Weightlifting	67.80	68	82	150	10/30/22
14	173.926	64kg	Olivia	Barclay	NV	17	Calavera Barbell	62.45	57	75	132	6/27/22
15	173.342	55kg	Tessa	Sherwood	AZ	18	Power & Grace Performance	54.33	52	68	120	6/28/22
16	171.020	49kg	Mahealani	Mason	AZ	13	Power & Grace Performance	48.06	49	59	108	12/1/22
17	170.422	55kg	Marlie	Manning	UT	16	Zion Barbell	55.00	52	67	119	10/8/22
18	169.371	45kg	Gabriella	Pfund	AZ	16	Performance One Weightlifting	44.27	46	54	100	6/26/22
19	167.664	55kg	Brynli	McBride	AZ	15	Power & Grace Performance	54.95	50	67	117	12/1/22
20	167.012	71kg	Bailey	Gasvoda	UT	20	Zion Barbell	66.90	57	75	132	10/8/22
21	166.494	64kg	Raigan	Petersen	AZ	18	Power & Grace Performance	62.97	57	70	127	6/29/22
22	166.158	55kg	Kawena	Mason	AZ	16	Power & Grace Performance	53.65	51	63	114	6/27/22
23	165.297	59kg	Trinity	Perez	NM	17	High Desert Athletic Club	58.24	52	68	120	10/30/22
24	163.243	55kg	Paige	Hanchett	AZ	15	Power & Grace Performance	53.65	52	60	112	12/1/22
25	163.086	49kg	Makayla	Lopez	NM	20	Las Cruces Weightlifting	48.66	46	58	104	10/30/22

<b>YOUTH WOMEN U17 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	223.730	81kg	Kaylee	Landa	AZ	17	Power & Grace Performance	79.50	87	106	193	12/3/22
2	213.301	49kg	Jordan	Nantz	AZ	16	Power & Grace Performance	48.65	61	75	136	6/27/22
3	197.142	49kg	Mahealani	Ikei	AZ	17	Power & Grace Performance	48.80	57	69	126	6/27/22
4	195.511	+81kg	Malia	Levy	AZ	17	Praxis Weightlifting	118.25	82	109	191	3/6/22
5	188.368	71kg	Zavia	Burton	NM	16	Miller Weightlifting	67.80	68	82	150	10/30/22
6	173.926	64kg	Olivia	Barclay	NV	17	Calavera Barbell	62.45	57	75	132	6/27/22
7	171.020	49kg	Mahealani	Mason	AZ	13	Power & Grace Performance	48.06	49	59	108	12/1/22
8	170.422	55kg	Marlie	Manning	UT	16	Zion Barbell	55.00	52	67	119	10/8/22
9	169.371	45kg	Gabriella	Pfund	AZ	16	Performance One Weightlifting	44.27	46	54	100	6/26/22
10	167.664	55kg	Brynli	McBride	AZ	15	Power & Grace Performance	54.95	50	67	117	12/1/22
11	166.158	55kg	Kawena	Mason	AZ	16	Power & Grace Performance	53.65	51	63	114	6/27/22
12	165.297	59kg	Trinity	Perez	NM	17	High Desert Athletic Club	58.24	52	68	120	10/30/22
13	163.243	55kg	Paige	Hanchett	AZ	15	Power & Grace Performance	53.65	52	60	112	12/1/22
14	159.542	+64kg	Andrea	Herrera	NM	13	High Desert Athletic Club	71.78	59	72	131	6/26/22
15	157.032	59kg	Trinity	Perez	NM	17	High Desert Athletic Club	58.24	51	63	114	6/27/22
16	154.206	64kg	Kodi	McBride	AZ	12	Power & Grace Performance	63.30	56	62	118	12/1/22
17	151.052	45kg	Amelia	Phillips	AZ	13	Power & Grace Performance	42.44	38	48	86	6/25/22
18	144.832	59kg	Maia	Burrows	NV	15	Las Vegas Barbell	58.12	47	58	105	6/26/22
19	144.697	55kg	Brylee	Colwell	AZ	14	Power & Grace Performance	54.20	43	57	100	10/15/22
20	143.917	55kg	Trinity	Klingler	AZ	16	Power & Grace Performance	50.90	41	54	95	10/15/22
21	141.534	76kg	Stella	Czaja	AZ	16	Power & Grace Performance	75.25	54	65	119	6/27/22
22	140.503	55kg	Penelope	Myers	NV	15	Calavera Barbell	54.12	43	54	97	6/26/22
23	140.094	64kg	Adriana	Kist	NM	15	High Desert Athletic Club	61.20	45	60	105	10/30/22
24	136.051	55kg	Rowan	Scyphers	NV	14	Calavera Barbell	55.00	44	51	95	10/8/22
25	133.982	36kg	Tierany	Lally	AZ	14	Power & Grace Performance	28.50	23	28	51	10/15/22



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<b>YOUTH WOMEN U15 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	171.020	49kg	Mahealani	Mason	AZ	13	Power & Grace Performance	48.06	49	59	108	12/1/22
2	167.664	55kg	Brynli	McBride	AZ	15	Power & Grace Performance	54.95	50	67	117	12/1/22
3	163.243	55kg	Paige	Hanchett	AZ	15	Power & Grace Performance	53.65	52	60	112	12/1/22
4	159.542	+64kg	Andrea	Herrera	NM	13	High Desert Athletic Club	71.78	59	72	131	6/26/22
5	154.206	64kg	Kodi	McBride	AZ	12	Power & Grace Performance	63.30	56	62	118	12/1/22
6	151.052	45kg	Amelia	Phillips	AZ	13	Power & Grace Performance	42.44	38	48	86	6/25/22
7	144.832	59kg	Maia	Burrows	NV	15	Las Vegas Barbell	58.12	47	58	105	6/26/22
8	144.697	55kg	Brylee	Colwell	AZ	14	Power & Grace Performance	54.20	43	57	100	10/15/22
9	140.503	55kg	Penelope	Myers	NV	15	Calavera Barbell	54.12	43	54	97	6/26/22
10	140.094	64kg	Adriana	Kist	NM	15	High Desert Athletic Club	61.20	45	60	105	10/30/22
11	136.051	55kg	Rowan	Scyphers	NV	14	Calavera Barbell	55.00	44	51	95	10/8/22
12	133.982	36kg	Tierany	Lally	AZ	14	Power & Grace Performance	28.50	23	28	51	10/15/22
13	131.023	55kg	Brinly	Phillips	AZ	15	Power & Grace Performance	49.75	40	45	85	6/26/22
14	130.653	55kg	Delaney	Brown	AZ	12	Power & Grace Performance	52.30	38	50	88	12/1/22
15	129.738	+76kg	Emma	Trampp	AZ	14	Power & Grace Performance	106.71	58	66	124	12/3/22
16	129.332	30kg	Lilly	Mullenau	AZ	11	Power & Grace Performance	29.40	23	28	51	10/15/22
17	127.379	40kg	Lucy	Mullenau	AZ	14	Power & Grace Performance	39.51	30	38	68	6/26/22
18	126.884	64kg	Adriana	Kist	AZ	15	High Desert Athletic Club	63.20	42	55	97	6/26/22
19	126.664	+76kg	Abigail	Yeung	NV	14	Calavera Barbell	86.10	48	65	113	10/8/22
20	122.651	59kg	Lilly	Hill	AZ	14	Power & Grace Performance	58.20	41	48	89	6/26/22
21	121.898	+64kg	McKenzie	Sheldon	AZ	13	Alee Athletics	77.60	47	57	104	10/15/22
22	119.757	55kg	Delaney	Brown	AZ	12	Power & Grace Performance	53.50	34	48	82	10/15/22
23	119.680	49kg	Charlize	Jolly	AZ	15	Power & Grace Performance	48.40	34	42	76	10/15/22
24	117.021	55kg	Gabriella	Kist	NM	13	High Desert Athletic Club	54.32	37	44	81	10/30/22
25	115.989	30kg	Juliette	Phillips	AZ	10	Power & Grace Performance	27.30	19	23	42	6/25/22

Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
<b>YOUTH WOMEN U13 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	171.020	49kg	Mahealani	Mason	AZ	13	Power & Grace Performance	48.06	49	59	108	12/1/22
2	159.542	+64kg	Andrea	Herrera	NM	13	High Desert Athletic Club	71.78	59	72	131	6/26/22
3	154.206	64kg	Kodi	McBride	AZ	12	Power & Grace Performance	63.30	56	62	118	12/1/22
4	151.052	45kg	Amelia	Phillips	AZ	13	Power & Grace Performance	42.44	38	48	86	6/25/22
5	130.653	55kg	Delaney	Brown	AZ	12	Power & Grace Performance	52.30	38	50	88	12/1/22
6	129.332	30kg	Lilly	Mullenau	AZ	11	Power & Grace Performance	29.40	23	28	51	10/15/22
7	121.898	+64kg	McKenzie	Sheldon	AZ	13	Alee Athletics	77.60	47	57	104	10/15/22
8	119.757	55kg	Delaney	Brown	AZ	12	Power & Grace Performance	53.50	34	48	82	10/15/22
9	117.021	55kg	Gabriella	Kist	NM	13	High Desert Athletic Club	54.32	37	44	81	10/30/22
10	115.989	30kg	Juliette	Phillips	AZ	10	Power & Grace Performance	27.30	19	23	42	6/25/22
11	113.379	+76kg	Samantha	Cardoza	AZ	14	Unattached	83.70	44	56	100	10/15/22
12	109.900	45kg	Maya	Litt	AZ	13	Scottsdale Barbell	42.00	27	35	62	10/15/22
13	108.596	49kg	Luna	Gilmore	AZ	11	Power & Grace Performance	47.55	28	40	68	6/25/22
14	108.446	55kg	Reign	Gilmore	AZ	11	Power & Grace Performance	50.35	31	40	71	6/25/22
15	106.355	59kg	Carly	Worthen	NM	14	High Desert Athletic Club	58.00	33	44	77	10/30/22
16	106.261	64kg	Ella	Colvin	AZ	14	Power & Grace Performance	62.90	35	46	81	10/15/22
17	91.606	36kg	Kaiya	Blackhurst	AZ	11	Power & Grace Performance	34.60	19	24	43	10/15/22
18	89.401	45kg	Brinlee	Huber	AZ	12	Power & Grace Performance	43.50	23	29	52	10/15/22
19	85.925	64kg	Anna	Lee	NV	15	Calavera Barbell	63.70	27	39	66	10/8/22
20	82.112	45kg	Reese	Whiting	AZ	10	Power & Grace Performance	42.70	21	26	47	10/15/22
21	82.050	55kg	Michaela	Jolly	AZ	13	Power & Grace Performance	54.60	25	32	57	10/15/22
22	79.260	+64kg	Malayna	Velasquez	NM	13	High Desert Athletic Club	71.61	27	38	65	10/30/22
23	69.529	64kg	Lily	Ontiveros	AZ	10	Power & Grace Performance	62.90	24	29	53	10/8/22
24	57.108	45kg	Lucy	Worthen	NM	11	High Desert Athletic Club	41.68	15	17	32	10/30/22
25												