

ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 1/28/2023

AZHSWA State Top Performance Records may only be set at the AZHSWA Championship
Top Performance Rankings are based on Sinclair Formula - Which uses Bodyweight relative to Total

TOP PERFORMANCES - GIRLS ALL-TIME

Rank	Sinclair	Total	BW	Name	School	Grade	Year
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ALL-TIME PERFORMANCES

1	211.78	183	79.80	Kaylee Landa	Desert Ridge	11	2022
2	203.01	152	61.10	Kale'a Mason	Basha	11	2021
3	190.12	158	73.50	Trinity Bouchal	Basha	12	2023
4	190.05	136	57.00	Carli McBride	Queen Creek	12	2022
5	188.43	167	84.70	Brianna Mamac	Basha	12	2021
6	183.05	141	63.80	Mia Rasmussen	Queen Creek	12	2019
7	182.29	115	48.00	Jordan Nantz	Williams Field	9	2021
8	181.15	156	79.20	Celina Ortega	Metro Tech	12	2020
9	179.40	123	53.60	Tessa Sherwood	Queen Creek	11	2022
10	177.19	135	64.20	Yuliana Lopez	Metro Tech	12	2018
11	174.05	142	103.90	Alexis Jones	Queen Creek	11	2017
12	173.64	120	54.20	Brooklyn Moore	Queen Creek	11	2021
13	172.09	126	59.00	Raigan Petersen	Queen Creek	12	2022
14	170.33	116	53.10	Kawena Mason	Basha	9	2022
15	166.88	107	49.00	Brynli McBride	American Leadership QC	9	2022
16	166.21	98	44.20	Gabriella Pfund	Chandler Prep	10	2022
17	165.84	81	36.00	Mahealani Mason	Carlson	6	2021
18	161.10	127	66.60	Izabella Holly	Cienega	11	2023
19	159.02	126	67.20	Julia Haas	Queen Creek	12	2022
20	154.85	117	62.00	Kendal Jones	American Leadership QC	10	2019
21	154.46	124	68.80	Kodi McBride	American Leadership QC	6	2023
22	150.88	104	54.00	Brylee Colwell	Eastmark	8	2023
23	150.37	105	55.00	Bella Graves	Queen Creek	10	2019
24	147.03	94	50.70	Julianna Park	American Leadership QC	12	2017
25	145.84	92	49.90	Antonia Chirco	Queen Creek	11	2017
26	143.05	120	74.90	Stella Czaja	Sunnyslope	11	2023
27	142.20	104	58.90	Nicole Bowman	Queen Creek	12	2019
28	141.72	106	61.00	Amelia Jones	American Leadership QC	7	2019
29	141.04	119	75.80	Kaelyn Rice	Perry	10	2019
30	140.94	97	55.60	Emma Kennedy	Queen Creek	12	2016
31	140.85	95	52.40	Paige Hanchett	Red Mountain	9	2022
32	139.89	110	66.30	Aurora Hanchett	Red Mountain	12	2022
33	138.67	108	65.20	Araceli Cabrera	Metro Tech	11	2019
34	137.04	101	61.10	Paloma Palomarez	Queen Creek	12	2016
35	136.98	111	70.00	Asia Jones	American Leadership QC	9	2019
36	136.45	96	55.60	Aaliyah Thomas	Cienega	12	2023
37	136.19	107	66.20	Kamryn Green	Cienega	12	2023
38	136.09	41	23.50	Tierany Lally	CTA Freedom	6	2021
39	135.63	85	47.60	Trinity Klingler	American Leadership Tech	11	2023
40	135.47	115	77.40	Lorena Calderon	Metro Tech	9	2018

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Rank	Sinclair	Total	BW	Name	School	Grade	Year
SENIOR							
1	190.12	158	73.50	Trinity Bouchal	Basha	12	2023
2	190.05	136	57.00	Carli McBride	Queen Creek	12	2022
3	188.43	167	84.70	Brianna Mamac	Basha	12	2021
4	183.05	141	63.80	Mia Rasmussen	Queen Creek	12	2019
5	181.15	156	79.20	Celina Ortega	Metro Tech	12	2020
6	177.19	135	64.20	Yuliana Lopez	Metro Tech	12	2018
7	172.09	126	59.00	Raigan Petersen	Queen Creek	12	2022
8	171.87	118	53.70	Brooklyn Moore	Queen Creek	12	2022
9	159.02	126	67.20	Julia Haas	Queen Creek	12	2022
10	158.47	151	104.10	Alexis Jones	Queen Creek	12	2017
11	147.03	94	50.70	Julianna Park	American Leadership QC	12	2017
12	142.20	104	58.90	Nicole Bowman	Queen Creek	12	2019
13	140.94	97	55.60	Emma Kennedy	Queen Creek	12	2016
14	139.89	110	66.30	Aurora Hanchett	Red Mountain	12	2022
15	137.04	101	61.10	Paloma Palomarez	Queen Creek	12	2016
16	136.45	96	55.60	Aaliyah Thomas	Cienega	12	2023
17	136.19	107	66.20	Kamryn Green	Cienega	12	2023
18	135.40	121	102.60	Kami Wilhelm	Queen Creek	12	2016
19	132.69	96	59.50	Lesly Martinez	Metro Tech	12	2018
20	132.09	100	62.20	Madelyn Martinez	Queen Creek	12	2019

JUNIOR							
Rank	Sinclair	Total	BW	Name	School	Grade	Year
1	211.78	183	79.80	Kaylee Landa	Desert Ridge	11	2022
2	203.01	152	61.10	Kale'a Mason	Basha	11	2021
3	179.40	123	53.60	Tessa Sherwood	Queen Creek	11	2022
4	174.05	142	103.90	Alexis Jones	Queen Creek	11	2017
5	173.64	120	54.20	Brooklyn Moore	Queen Creek	11	2021
6	161.10	127	66.60	Izabella Holly	Cienega	11	2023
7	156.49	118	61.80	Raigan Petersen	Queen Creek	11	2021
8	152.91	133	81.00	Celina Ortega	Metro Tech	11	2019
9	147.94	115	65.00	Julia Haas	Queen Creek	11	2021
10	145.84	92	49.90	Antonia Chirco	Queen Creek	11	2017
11	143.05	120	74.90	Stella Czaja	Sunnyslope	11	2023
12	140.03	118	75.60	Lilly Nevill	Queen Creek	11	2019
13	138.67	108	65.20	Araceli Cabrera	Metro Tech	11	2019
14	135.63	85	47.60	Trinity Klingler	American Leadership Tech	11	2023
15	134.49	104	65.70	Amanda Cochran	Queen Creek	11	2017
16	134.39	120	86.30	Brianna Mamac	Basha	11	2019
17	131.33	86	52.20	Jordan Ketting	American Leadership QC	11	2017
18	128.29	91	64.80	Savannah Gries	Queen Creek	11	2017
19	125.36	118	11.80	Makiya Moore	Queen Creek	11	2019
20	124.98	85	53.00	Julianna Park	American Leadership QC	11	2017

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TOP PERFORMANCES - GIRLS HIGH SCHOOL

Rank	Sinclair	Total	BW	Name	School	Grade	Year
SOPHOMORE							
1	190.85	166	81.00	Kaylee Landa	Desert Ridge	10	2022
2	175.62	122	54.60	Carli McBride	Queen Creek	10	2020
3	166.21	98	44.20	Gabriella Pfund	Chandler Prep	10	2022
4	164.90	115	54.90	Kale'a Mason	Basha	10	2020
5	154.85	117	62.00	Kendal Jones	American Leadership QC	10	2019
6	150.37	105	55.00	Bella Graves	Queen Creek	10	2019
7	141.95	119	74.80	Stella Czaja	Sunnyslope	10	2022
8	141.04	119	75.80	Kaelyn Rice	Perry	10	2019
9	132.77	92	56.10	Tyanne Workman	American Leadership QC	10	2017
10	129.39	88	53.00	Trinity Klingler	Eastmark	10	2022
11	111.36	106	103.70	Kealani Curtis	Queen Creek	10	2017
12	109.94	90	72.30	Bailey Call	American Leadership QC	10	2017
13	104.03	77	60.00	Zytka Heathman	Globe	10	2019
14	102.48	97	102.80	Rhees Brown	Eastmark	10	2023
15	99.94	62	47.00	Amy Flores	Metro Tech	10	2023
16	98.87	75	62.40	Rylee Barnett	Cienega	10	2023
17	98.19	82	78.20	Celina Ortega	Metro Tech	10	2018
18	95.44	65	53.10	Kai-Ra De La Fuente	Chaparral	10	2019
19	95.24	65	55.00	Kennedy McLeod	American Leadership QC	10	2018
20	88.34	70	67.20	Julia Haas	Perry	10	2020

FRESHMAN

1	182.29	115	48.00	Jordan Nantz	Williams Field	9	2021
2	170.33	116	53.10	Kawena Mason	Basha	9	2022
3	166.88	107	49.00	Brynli McBride	American Leadership QC	9	2022
4	164.90	115	54.90	Kale'a Mason	American Leadership QC	9	2018
5	160.96	140	81.00	Kaylee Landa	Desert Ridge	9	2021
6	140.85	95	52.40	Paige Hanchett	Red Mounatin	9	2022
7	136.98	111	70.00	Asia Jones	American Leadership QC	9	2019
8	135.47	115	77.40	Lorena Calderon	Metro Tech	9	2018
9	129.86	83	48.80	Tessa Sherwood	Casteel	9	2020
10	119.58	113	102.20	Emma Trampp	Eastmark	9	2023
11	117.54	75	48.70	Trinity Klingler	Eastmark	9	2021
12	113.57	72	48.30	Charlize Jolly	Redeemer Christian	9	2022
13	112.72	78	56.00	Kendal Jones	American Leadership QC	9	2018
14	111.87	84	62.80	Dylan Shelley	American Leadership QC	9	2018
15	110.23	67	47.80	Gianna Martelotta	American Leadership QC	9	2018
16	98.19	82	78.20	Celina Ortega	Metro Tech	9	2018
17	97.79	91	97.00	Rhees Brown	Eastmark	9	2022
18	81.88	62	63.60	Samantha Irish	Globe	9	2018
19	77.12	53	55.50	Taylor Winfield	American Leadership QC	9	2018
20	67.18	46	53.50	Gwen Littler	American Leadership QC	9	2022

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TOP PERFORMANCES - GIRLS GRADE SCHOOL

Rank	Sinclair	Total	BW	Name	School	Grade	Location
8th GRADE							
1	166.61	108	49.70	Brynli McBride	American Leadership QC	8	2021
2	157.44	103	50.30	Kawena Mason	Basha	8	2021
3	153.54	98	50.60	Kale'a Mason	American Leadership QC	8	2017
4	150.88	104	54.00	Brylee Colwell	Eastmark	8	2023
5	127.68	76	44.70	Lucy Mullenaux	American Leadership QC	8	2023
6	125.51	51	30.20	Tierany Lally	Casteel	8	2023
7	123.03	78	48.30	Paige Hanchett	Franklin	8	2021
8	119.30	56	34.60	Maia Acton	Casteel	8	2022
9	118.24	85	56.40	Lilly Hill	American Leadership QC	8	2022
10	110.96	70	47.00	Brinly Phillips	Payne	8	2022
7th GRADE							
1	164.84	89	40.00	Mahealani Mason	Santan	7	2022
2	154.46	124	68.80	Kodi McBride	American Leadership QC	6	2023
3	143.34	83	45.30	Kale'a Mason	American Leadership QC	7	2017
4	141.72	106	61.00	Amelia Jones	American Leadership QC	7	2019
5	140.09	81	43.20	Kawena Mason	Basha	7	2020
6	128.87	43	25.50	Tierany Lally	Casteel	7	2022
7	128.40	76	44.40	Maya Litt	Ranch Solano MS	7	2023
8	124.55	74	44.60	Brynli McBride	American Leadership QC	7	2020
9	123.32	86	54.90	Brylee Colwell	Eastmark	7	2022
10	121.00	73	47.40	Shayna Schiermeyer	American Leadership QC	7	2017
6th GRADE							
1	165.84	81	36.00	Mahealani Mason	Carlson	6	2021
2	143.58	75	38.60	Kawena Mason	Carlson	6	2019
3	137.91	110	68.00	Kodi McBride	American Leadership QC	6	2022
4	136.09	41	23.50	Tierany Lally	CTA Freedom	6	2021
5	133.41	55	30.60	Lilly Mullenaux	American Leadership QC	6	2023
6	131.95	89	52.40	Delaney Brown	Gateway Polytech	6	2023
7	117.82	70	44.60	Brinlee Huber	American Leadership QC	6	2023
8	111.09	55	36.50	Kaiya Blackhurst	Silver Valley Elemen	6	2023
9	99.84	69	54.20	Brylee Colwell	Silver Valley Elementary	6	2021
10	89.13	49	40.80	Kale'a Mason	American Leadership QC	6	2016
	88.12	41	34.30	Lucy Mullenaux	American Leadership QC	6	2021
	87.08	69	67.20	Maya Colvin	Finley Farm Elem	6	2023
	78.32	65	73.30	Chloe Peterson	Signal Butte Elem	6	2023
	68.51	55	68.80	Elizabeth Peterson	Harmon Elem	6	2023
5th GRADE							
1	154.29	62	29.90	Mahealani Mason	Carlson	5	2020
2	126.12	55	34.40	Kawena Mason	Carlson	5	2018
3	123.32	94	62.90	Kodi McBride	American Leadership QC	5	2021
4	113.31	78	53.90	Delaney Brown	Eastmark	5	2022
5	106.18	46	34.20	Braelyn Shiermeyer	American Leadership QC	5	2017
6	105.86	38	27.10	Lilly Mullenaux	American Leadership QC	5	2022

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7	105.51	67	48.40	Luna Gilmore	Home School	5	2023
8	96.78	44	35.70	Isabella Park	American Leadership QC	4	2017
9	83.64	64	63.30	Lily Ontiveros	American Leadership QC	5	2023
10	65.66	33	39.20	Daisy Hanson	Globe	4	2018
	96.29	55	42.60	Luna Gilmore	Chaparral	4	2022