

ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 4/26/2025

AZHSWA State Records may only be set at the High School State Championship.
Athletes must be part of a High School Team and compete in the High School Division.

ALL-TIME STATE RECORDS - GIRLS

Class	Lift	Weight	Name	School	Grade	Year
45kg (99lb)	Snatch	42	Gabriella Pfund	Chandler Prep	10	2022
	C & J	56	Gabriella Pfund	Chandler Prep	10	2022
	Total	98	Gabriella Pfund	Chandler Prep	10	2022
49kg (108lb)	Snatch	57	Amelia Phillips	Basha	10	2025
	C & J	77	Amelia Phillips	Basha	10	2025
	Total	134	Amelia Phillips	Basha	10	2025
55kg (121lb)	Snatch	55	Carli McBride	Queen Creek	10	2020
	C & J	69	Tessa Sherwood	Queen Creek	11	2022
	Total	123	Tessa Sherwood	Queen Creek	11	2022
59kg (130lb)	Snatch	65	Mahealani Mason	ALA Tech	10	2025
	C & J	77	Mahealani Mason	ALA Tech	10	2025
	Total	142	Mahealani Mason	ALA Tech	10	2025
64kg (141lb)	Snatch	67	Kale'a Mason	Basha	11	2021
	C & J	85	Kale'a Mason	Basha	11	2021
	Total	152	Kale'a Mason	Basha	11	2021
71kg (156lb)	Snatch	59	Yuliana Lopez	Metro Tech	12	2018
	C & J	76	Yuliana Lopez	Metro Tech	12	2018
	Total	135	Yuliana Lopez	Metro Tech	12	2018
76kg (168lb)	Snatch	70	Trinity Bouchal	Basha	12	2023
	C & J	88	Trinity Bouchal	Basha	12	2023
	Total	158	Trinity Bouchal	Basha	12	2023
81kg (179lb)	Snatch	82	Kaylee Landa	Desert Ridge	11	2023
	C & J	101	Kaylee Landa	Desert Ridge	11	2023
	Total	183	Kaylee Landa	Desert Ridge	11	2023
87kg (192lb)	Snatch	76	Brianna Mamac	Basha	12	2021
	C & J	91	Brianna Mamac	Basha	12	2021
	Total	167	Brianna Mamac	Basha	12	2021
87kg+ (192lb+)	Snatch	68	Alexis Jones	Queen Creek	12	2017
	C & J	83	Alexis Jones	Queen Creek	12	2017
	Total	151	Alexis Jones	Queen Creek	12	2017

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STATE RECORDS - SENIOR GIRLS

Class	Lift	Weight	Name	School	Grade	Year
45kg (99lb)	Snatch	20				
	C & J					
	Total					
49kg (108lb)	Snatch					
	C & J					
	Total					
55kg (121lb)	Snatch	51	Brooklyn Moore	Queen Creek	12	2022
	C & J	67	Brooklyn Moore	Queen Creek	12	2022
	Total	118	Brooklyn Moore	Queen Creek	12	2022
59kg (130lb)	Snatch	62	Carli McBride	Queen Creek	12	2022
	C & J	74	Carli McBride	Queen Creek	12	2022
	Total	136	Carli McBride	Queen Creek	12	2022
64kg (141lb)	Snatch	63	Mia Rasmussen	Queen Creek	12	2019
	C & J	78	Mia Rasmussen	Queen Creek	12	2019
	Total	141	Mia Rasmussen	Queen Creek	12	2019
71kg (156lb)	Snatch	59	Yuliana Lopez	Metro Tech	12	2018
	C & J	76	Yuliana Lopez	Metro Tech	12	2018
	Total	135	Yuliana Lopez	Metro Tech	12	2018
76kg (168lb)	Snatch	70	Trinity Bouchal	Basha	12	2023
	C & J	88	Trinity Bouchal	Basha	12	2023
	Total	158	Trinity Bouchal	Basha	12	2023
81kg (179lb)	Snatch	66	Celina Ortega	Metro Tech	12	2020
	C & J	90	Celina Ortega	Metro Tech	12	2020
	Total	156	Celina Ortega	Metro Tech	12	2020
87kg (192lb)	Snatch	76	Brianna Mamac	Basha	12	2021
	C & J	91	Brianna Mamac	Basha	12	2021
	Total	167	Brianna Mamac	Basha	12	2021
87kg+ (192lb+)	Snatch	68	Alexis Jones	Queen Creek	12	2017
	C & J	83	Alexis Jones	Queen Creek	12	2017
	Total	151	Alexis Jones	Queen Creek	12	2017

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STATE RECORDS - JUNIOR GIRLS

Class	Lift	Weight	Name	School	Grade	Year
45kg (99lb)	Snatch					
	C & J					
	Total					
49kg (108lb)	Snatch	42	Amy Flores	Metro Tech	11	2024
	C & J	54	Amy Flores	Metro Tech	11	2024
	Total	96	Amy Flores	Metro Tech	11	2024
55kg (121lb)	Snatch	54	Tessa Sherwood	Queen Creek	11	2022
	C & J	69	Tessa Sherwood	Queen Creek	11	2022
	Total	123	Tessa Sherwood	Queen Creek	11	2022
59kg (130lb)	Snatch	56	Kawena Mason	American Leadership Tech	11	2024
	C & J	65	Kawena Mason	American Leadership Tech	11	2024
	Total	121	Kawena Mason	American Leadership Tech	11	2024
64kg (141lb)	Snatch	67	Kale'a Mason	Basha	11	2021
	C & J	85	Kale'a Mason	Basha	11	2021
	Total	152	Kale'a Mason	Basha	11	2021
71kg (156lb)	Snatch	52	Julia Hass	Queen Creek	11	2021
	C & J	75	Izabella Holly	Cienega	11	2023
	Total	127	Izabella Holly	Cienega	11	2023
76kg (168lb)	Snatch	54	Stella Czaja	Sunnyslope	11	2023
	C & J	72	Lilly Nevill	Queen Creek	11	2019
	Total	118	Lilly Nevill	Queen Creek	11	2019
81kg (179lb)	Snatch	82	Kaylee Landa	Desert Ridge	11	2023
	C & J	101	Kaylee Landa	Desert Ridge	11	2023
	Total	183	Kaylee Landa	Desert Ridge	11	2023
87kg (192lb)	Snatch	55	Brianne Mamac	Basha	11	2020
	C & J	65	Brianne Mamac	Basha	11	2020
	Total	120	Brianne Mamac	Basha	11	2020
87kg+ (192lb+)	Snatch	66	Alexis Jones	Queen Creek	11	2017
	C & J	81	Alexis Jones	Queen Creek	11	2017
	Total	147	Alexis Jones	Queen Creek	11	2017

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STATE RECORDS - SOPHOMORE GIRLS

Class	Lift	Weight	Name	School	Grade	Year
45kg (99lb)	Snatch	42	Gabriella Pfund	Chandler Prep	10	2022
	C & J	56	Gabriella Pfund	Chandler Prep	10	2022
	Total	98	Gabriella Pfund	Chandler Prep	10	2022
49kg (108lb)	Snatch	57	Amelia Phillips	Basha	10	2025
	C & J	77	Amelia Phillips	Basha	10	2025
	Total	134	Amelia Phillips	Basha	10	2025
55kg (121lb)	Snatch	55	Carli McBride	Queen Creek	10	2020
	C & J	67	Carli McBride	Queen Creek	10	2020
	Total	122	Carli McBride	Queen Creek	10	2020
59kg (130lb)	Snatch	65	Mahealani Mason	ALA Tech	10	2025
	C & J	77	Mahealani Mason	ALA Tech	10	2025
	Total	142	Mahealani Mason	ALA Tech	10	2025
64kg (141lb)	Snatch	50	Brynn Naylor	Higkey	10	2025
	C & J	62	Brynn Naylor	Higkey	10	2025
	Total	112	Brynn Naylor	Higkey	10	2025
71kg (156lb)	Snatch	40	Ella Colvin	ALA Gilbert North	10	2025
	C & J	57	Ella Colvin	ALA Gilbert North	10	2025
	Total	97	Ella Colvin	ALA Gilbert North	10	2025
76kg (168lb)	Snatch	55	Stella Czaja	Sunnyslope	10	2022
	C & J	68	Kaelyn Rice	Perry	10	2019
	Total	119	Kaelyn Rice	Perry	10	2019
81kg (179lb)	Snatch	75	Kaylee Landa	Desert Ridge	10	2022
	C & J	91	Kaylee Landa	Desert Ridge	10	2022
	Total	166	Kaylee Landa	Desert Ridge	10	2022
87kg (192lb)	Snatch	54	Jovey Krize	Eastmark	10	2025
	C & J	68	Jovey Krize	Eastmark	10	2025
	Total	122	Jovey Krize	Eastmark	10	2025
87kg+ (192lb+)	Snatch	59	Emma Trampp	Eastmark	10	2024
	C & J	70	Emma Trampp	Eastmark	10	2024
	Total	129	Emma Trampp	Eastmark	10	2024

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STATE RECORDS - FRESHMAN GIRLS

Class	Lift	Weight	Name	School	Grade	Year
45kg (99lb)	Snatch	30	Tierany Lally	Casteel	9	2024
	C & J	36	Tierany Lally	Casteel	9	2024
	Total	66	Tierany Lally	Casteel	9	2024
49kg (108lb)	Snatch	55	Amelia Phillips	Basha	9	2024
	C & J	70	Amelia Phillips	Basha	9	2024
	Total	125	Amelia Phillips	Basha	9	2024
55kg (121lb)	Snatch	53	Kawena Mason	Basha	9	2022
	C & J	63	Kawena Mason	Basha	9	2022
	Total	116	Kawena Mason	Basha	9	2022
59kg (130lb)	Snatch	55	Mahealani Mason	American Leadership Tech	9	2024
	C & J	70	Mahealani Mason	American Leadership Tech	9	2024
	Total	125	Mahealani Mason	American Leadership Tech	9	2024
64kg (141lb)	Snatch	37	Ella Colvin	American Leadership GN	9	2024
	C & J	51	Ella Colvin	American Leadership GN	9	2024
	Total	88	Ella Colvin	American Leadership GN	9	2024
71kg (156lb)	Snatch	47	Asia Jones	ALA Queen Creek	9	2019
	C & J	64	Asia Jones	ALA Queen Creek	9	2019
	Total	111	Asia Jones	ALA Queen Creek	9	2019
76kg (168lb)	Snatch	67	Kodi McBride	ALA Queen Creek	9	2025
	C & J	82	Kodi McBride	ALA Queen Creek	9	2025
	Total	149	Kodi McBride	ALA Queen Creek	9	2025
81kg (179lb)	Snatch	62	Kaylee Landa	Desert Ridge	9	2021
	C & J	78	Kaylee Landa	Desert Ridge	9	2021
	Total	140	Kaylee Landa	Desert Ridge	9	2021
87kg (192lb)	Snatch	45	Jovey Krize	Eastmark	9	2024
	C & J	57	Jovey Krize	Eastmark	9	2024
	Total	104	Jovey Krize	Eastmark	9	2024
87kg+ (192lb+)	Snatch	53	Emma Trampp	Eastmark	9	2023
	C & J	60	Emma Trampp	Eastmark	9	2023
	Total	113	Emma Trampp	Eastmark	9	2023

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STATE RECORDS - 8th GRADE GIRLS

Class	Lift	Weight	Name	School	Grade	Year
40kg (88lb)	Snatch	32	Lilly Mullenau	ALA Queen Creek	8	2025
	C & J	42	Lilly Mullenau	ALA Queen Creek	8	2025
	Total	74	Lilly Mullenau	ALA Queen Creek	8	2025
45kg (99lb)	Snatch	34	Lucy Mullenau	ALA Queen Creek	8	2023
	C & J	42	Lucy Mullenau	ALA Queen Creek	8	2023
	Total	76	Lucy Mullenau	ALA Queen Creek	8	2023
49kg (108lb)	Snatch	35	Paige Hanchett	Franklin	8	2021
	C & J	43	Paige Hanchett	Franklin	8	2021
	Total	78	Paige Hanchett	Franklin	8	2021
55kg (121lb)	Snatch	51	Brinlee Huber	ALA Queen Creek	8	2025
	C & J	63	Brinlee Huber	ALA Queen Creek	8	2025
	Total	114	Brinlee Huber	ALA Queen Creek	8	2025
59kg (130lb)	Snatch	47	Amelia Jones	ALA Queen Creek	8	2019
	C & J	47	Lilly Hill	ALA Queen Creek	8	2022
	Total	85	Lilly Hill	ALA Queen Creek	8	2022
64kg (141lb)	Snatch	53	Delaney Brown	ALA Gilbert North	8	2025
	C & J	65	Delaney Brown	ALA Gilbert North	8	2025
	Total	118	Delaney Brown	ALA Gilbert North	8	2025
71kg (156lb)	Snatch					
	C & J					
	Total					
76kg (168lb)	Snatch					
	C & J					
	Total					
81kg (179lb)	Snatch	63	Kodi McBride	ALA Queen Creek	7	2024
	C & J	70	Kodi McBride	ALA Queen Creek	7	2024
	Total	133	Kodi McBride	ALA Queen Creek	7	2024
81kg+ (179lb+)	Snatch	42	Emma Trampp	Eastmark	8	2022
	C & J	55	Emma Trampp	Eastmark	8	2022
	Total	97	Emma Trampp	Eastmark	8	2022

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STATE RECORDS - 7th GRADE GIRLS

Class	Lift	Weight	Name	School	Grade	Year
40kg (88lb)	Snatch	39	Mahealani Mason	Santan	7	2022
	C & J	50	Mahealani Mason	Santan	7	2022
	Total	89	Mahealani Mason	Santan	7	2022
45kg (99lb)	Snatch	38	Kawena Mason	Basha	7	2020
	C & J	43	Kawena Mason	Basha	7	2020
	Total	81	Kawena Mason	Basha	7	2020
49kg (108lb)	Snatch	33	Shayna Shiermeyer	ALA Queen Creek	7	2017
	C & J	46	Kale'a Mason	ALA Queen Creek	7	2017
	Total	78	Kale'a Mason	ALA Queen Creek	7	2017
55kg (121lb)	Snatch	31	Brylee Colwell	Eastmark	7	2021
	C & J	38	Brylee Colwell	Eastmark	7	2021
	Total	69	Brylee Colwell	Eastmark	7	2021
59kg (130lb)	Snatch	45	Delaney Brown	Eastmark	7	2024
	C & J	52	Delaney Brown	Eastmark	7	2024
	Total	97	Delaney Brown	Eastmark	7	2024
64kg (141lb)	Snatch	29	Michaela Jolly	Nance St. Academy	7	2023
	C & J	38	Michaela Jolly	Nance St. Academy	7	2023
	Total	67	Michaela Jolly	Nance St. Academy	7	2023
71kg (156lb)	Snatch	58	Kodi McBride	ALA Queen Creek	7	2023
	C & J	66	Kodi McBride	ALA Queen Creek	7	2023
	Total	124	Kodi McBride	ALA Queen Creek	7	2023
76kg (168lb)	Snatch	34	Maya Colvin	Greenfield JH	7	2024
	C & J	45	Maya Colvin	Greenfield JH	7	2024
	Total	79	Maya Colvin	Greenfield JH	7	2024
81kg (179lb)	Snatch					
	C & J					
	Total					
81kg+ (179lb+)	Snatch	50	Lily Ontiveros	Legacy Queen Creek	7	2025
	C & J	62	Lily Ontiveros	Legacy Queen Creek	7	2025
	Total	112	Lily Ontiveros	Legacy Queen Creek	7	2025