

ARIZONA HIGH SCHOOL WEIGHTLIFTING ASSOCIATION

Updated 4/26/2025

AZHSWA State Top Performance Records may only be set at the Arizona High School Championship

Top Performance Rankings are based on Sinclair Formula - Which uses Bodyweight relative to Total

TOP PERFORMANCES - GIRLS ALL-TIME

Rank	Sinclair	Total	BW	Name	School	Grade	Year
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ALL-TIME PERFORMANCES

1	211.78	183	79.80	Kaylee Landa	Desert Ridge	11	2022
2	209.52	134	49.00	Amelia Phillips	Basha	10	2025
3	203.01	152	61.10	Kale'a Mason	Basha	11	2021
4	194.30	142	59.00	Mahealani Mason	ALA Tech	10	2025
5	190.12	158	73.50	Trinity Bouchal	Basha	12	2023
6	190.05	136	57.00	Carli McBride	Queen Creek	12	2022
7	188.43	167	84.70	Brianna Mamac	Basha	12	2021
8	183.05	141	63.80	Mia Rasmussen	Queen Creek	12	2019
9	182.29	115	48.00	Jordan Nantz	Williams Field	9	2021
10	181.15	156	79.20	Celina Ortega	Metro Tech	12	2020
11	179.40	123	53.60	Tessa Sherwood	Queen Creek	11	2022
12	177.19	135	64.20	Yuliana Lopez	Metro Tech	12	2018
13	177.01	149	75.60	Kodi McBride	ALA Queen Creek	9	2025
14	176.03	128	58.55	Kawena Mason	ALA Tech	12	2025
15	174.05	142	103.90	Alexis Jones	Queen Creek	11	2017
16	173.64	120	54.20	Brooklyn Moore	Queen Creek	11	2021
17	172.09	126	59.00	Raigan Petersen	Queen Creek	12	2022
18	168.33	130	64.45	Brynli McBride	ALA Queen Creek	12	2025
19	166.41	114	53.70	Brinlee Huber	ALA Queen Creek	8	2025
20	166.21	98	44.20	Gabriella Pfund	Chandler Prep	10	2022
21	161.10	127	66.60	Izabella Holly	Cienega	11	2023
22	160.10	82	37.95	Tierany Lally	Casteel	10	2025
23	159.94	96	45.30	Amy Flores	Metro Tech	11	2024
24	159.02	126	67.20	Julia Haas	Queen Creek	12	2022
25	158.33	115	58.45	Reagan Case	ALA Queen Creek	9	2025
26	157.36	74	34.80	Lilly Mullenau	ALA Queen Creek	8	2025
27	155.26	107	54.15	Lucy Mullenau	ALA Queen Creek	10	2025
28	155.05	118	62.90	Delaney Brown	ALA Gilbert North	8	2025
29	154.85	117	62.00	Kendal Jones	ALA Queen Creek	10	2019
30	150.88	104	54.00	Brylee Colwell	Eastmark	8	2023
31	150.37	105	55.00	Bella Graves	Queen Creek	10	2019
32	149.37	98	50.65	Kaiya Blackhurst	Eastmark	8	2025
33	148.48	112	62.00	Brynn Naylor	Higley	10	2025
34	147.03	94	50.70	Julianna Park	ALA Queen Creek	12	2017
35	145.84	92	49.90	Antonia Chirco	Queen Creek	11	2017
36	143.05	120	74.90	Stella Czaja	Sunnyslope	11	2023
37	142.20	104	58.90	Nicole Bowman	Queen Creek	12	2019
38	141.72	106	61.00	Amelia Jones	ALA Queen Creek	7	2019
39	141.04	119	75.80	Kaelyn Rice	Perry	10	2019
40	140.94	97	55.60	Emma Kennedy	Queen Creek	12	2016

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SENIOR							
1	190.12	158	73.50	Trinity Bouchal	Basha	12	2023
2	190.05	136	57.00	Carli McBride	Queen Creek	12	2022
3	188.43	167	84.70	Brianna Mamac	Basha	12	2021
4	183.05	141	63.80	Mia Rasmussen	Queen Creek	12	2019
5	181.15	156	79.20	Celina Ortega	Metro Tech	12	2020
6	177.19	135	64.20	Yuliana Lopez	Metro Tech	12	2018
7	176.03	128	58.55	Kawena Mason	ALA Tech	12	2025
8	172.09	126	59.00	Raigan Petersen	Queen Creek	12	2022
9	171.87	118	53.70	Brooklyn Moore	Queen Creek	12	2022
10	168.33	130	64.45	Brynli McBride	ALA Queen Creek	12	2025
11	159.02	126	67.20	Julia Haas	Queen Creek	12	2022
12	158.47	151	104.10	Alexis Jones	Queen Creek	12	2017
13	153.46	100	50.20	Amy Flores	Metro Tech	12	2025
14	147.03	94	50.70	Julianna Park	ALA Queen Creek	12	2017
15	142.20	104	58.90	Nicole Bowman	Queen Creek	12	2019
16	140.94	97	55.60	Emma Kennedy	Queen Creek	12	2016
17	139.89	110	66.30	Aurora Hanchett	Red Mountain	12	2022
18	137.04	101	61.10	Paloma Palomarez	Queen Creek	12	2016
19	136.45	96	55.60	Aaliyah Thomas	Cienega	12	2023
20	136.19	107	66.20	Kamryn Green	Cienega	12	2023
JUNIOR							
1	211.78	183	79.80	Kaylee Landa	Desert Ridge	11	2022
2	203.01	152	61.10	Kale'a Mason	Basha	11	2021
3	179.40	123	53.60	Tessa Sherwood	Queen Creek	11	2022
4	174.05	142	103.90	Alexis Jones	Queen Creek	11	2017
5	173.64	120	54.20	Brooklyn Moore	Queen Creek	11	2021
6	167.06	125	61.20	Brynli McBride	ALA Queen Creek	11	2024
7	166.68	121	58.40	Kawena Mason	American Leadership Tech	11	2024
8	161.10	127	66.60	Izabella Holly	Cienega	11	2023
9	159.94	96	45.30	Amy Flores	Metro Tech	11	2024
10	156.49	118	61.80	Raigan Petersen	Queen Creek	11	2021
11	152.91	133	81.00	Celina Ortega	Metro Tech	11	2019
12	147.94	115	65.00	Julia Haas	Queen Creek	11	2021
13	145.84	92	49.90	Antonia Chirco	Queen Creek	11	2017
14	143.05	120	74.90	Stella Czaja	Sunnyslope	11	2023
15	140.03	118	75.60	Lilly Nevill	Queen Creek	11	2019
16	138.67	108	65.20	Araceli Cabrera	Metro Tech	11	2019
17	135.63	85	47.60	Trinity Klingler	American Leadership Tech	11	2023
18	134.49	104	65.70	Amanda Cochran	Queen Creek	11	2017
19	134.39	120	86.30	Brianna Mamac	Basha	11	2019
20	131.33	86	52.20	Jordan Kettring	ALA Queen Creek	11	2017

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Rank	Sinclair	Total	BW	Name	School	Grade	Year
SOPHOMORE							
1	209.52	134	49.00	Amelia Phillips	Basha	10	2025
2	194.30	142	59.00	Mahealani Mason	ALA Tech	10	2025
3	190.85	166	81.00	Kaylee Landa	Desert Ridge	10	2022
4	175.62	122	54.60	Carli McBride	Queen Creek	10	2020
5	166.21	98	44.20	Gabriella Pfund	Chandler Prep	10	2022
6	164.90	115	54.90	Kale'a Mason	Basha	10	2020
7	160.10	82	37.95	Tierany Lally	Casteel	10	2025
8	155.26	107	54.15	Lucy Mullenaux	ALA Queen Creek	10	2025
9	154.85	117	62.00	Kendal Jones	ALA Queen Creek	10	2019
10	150.37	105	55.00	Bella Graves	Queen Creek	10	2019
11	148.48	112	62.00	Brynn Naylor	Higley	10	2025
12	141.95	119	74.80	Stella Czaja	Sunnyslope	10	2022
13	141.04	119	75.80	Kaelyn Rice	Perry	10	2019
14	136.99	122	85.90	Jovey Krize	Eastmark	10	2025
15	133.61	129	111.60	Emma Trampp	Eastmark	10	2024
16	132.77	92	56.10	Tyanne Workman	ALA Queen Creek	10	2017
17	129.39	88	53.00	Trinity Klingler	Eastmark	10	2022
18	122.29	97	67.50	Ella Colvin	ALA Gilbert North	10	2025
19	111.36	106	103.70	Kealani Curtis	Queen Creek	10	2017
20	109.94	90	72.30	Bailey Call	ALA Queen Creek	10	2017
FRESHMAN							
1	196.39	125	48.70	Amelia Phillips	Basha	9	2024
2	182.29	115	48.00	Jordan Nantz	Williams Field	9	2021
3	177.37	125	55.90	Mahealani Mason	American Leadership Tech	9	2024
4	177.01	149	75.60	Kodi McBride	ALA Queen Creek	9	2025
5	170.33	116	53.10	Kawena Mason	Basha	9	2022
6	166.88	107	49.00	Brynli McBride	ALA Queen Creek	9	2022
7	164.90	115	54.90	Kale'a Mason	ALA Queen Creek	9	2018
8	160.96	140	81.00	Kaylee Landa	Desert Ridge	9	2021
9	158.33	115	58.45	Reagan Case	ALA Queen Creek	9	2025
10	145.51	66	30.20	Tierany Lally	Casteel	9	2024
11	140.85	95	52.40	Paige Hanchett	Red Mounatin	9	2022
12	136.98	111	70.00	Asia Jones	ALA Queen Creek	9	2019
13	135.47	115	77.40	Lorena Calderon	Metro Tech	9	2018
14	129.86	83	48.80	Tessa Sherwood	Casteel	9	2020
15	119.58	113	102.20	Emma Trampp	Eastmark	9	2023
16	118.83	102	78.80	Kinlee Apalategui	Crismon	9	2025
17	117.67	104	84.30	Jovey Krize	Eastmark	9	2024
18	117.54	75	48.70	Trinity Klingler	Eastmark	9	2021
19	116.08	88	62.50	Ella Colvin	ALA Gilbert North	9	2024
20	114.44	74	49.70	Meg Sherwood	ALA Queen Creek	9	2025

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TOP PERFORMANCES - GIRLS GRADE SCHOOL

Rank	Sinclair	Total	BW	Name	School	Grade	Location
8th GRADE							
1	166.61	108	49.70	Brynli McBride	ALA Queen Creek	8	2021
2	166.41	114	53.70	Brinlee Huber	ALA Queen Creek	8	2025
3	157.44	103	50.30	Kawena Mason	Basha	8	2021
4	157.36	74	34.80	Lilly Mullenau	ALA Queen Creek	8	2025
5	155.05	118	62.90	Delaney Brown	ALA Gilbert North	8	2025
6	154.86	133	78.90	Kodi McBride	ALA Queen Creek	8	2024
7	153.54	98	50.60	Kale'a Mason	ALA Queen Creek	8	2017
8	150.88	104	54.00	Brylee Colwell	Eastmark	8	2023
9	149.37	98	50.65	Kaiya Blackhurst	Eastmark	8	2025
10	127.68	76	44.70	Lucy Mullenau	ALA Queen Creek	8	2023
11	125.51	51	30.20	Tierany Lally	Casteel	8	2023
12	123.03	78	48.30	Paige Hanchett	Franklin	8	2021
13	119.30	56	34.60	Maia Acton	Casteel	8	2022
14	118.24	85	56.40	Lilly Hill	ALA Queen Creek	8	2022
15	110.96	70	47.00	Brinly Phillips	Payne	8	2022
16	108.75	79	58.30	Ella Colvin	Greenfield JH	8	2023
17	101.78	97	105.50	Emma Trampp	Eastmark	8	2022
18	100.78	64	48.40	Tyra Starkey	Casteel	8	2021
19	95.00	59	49.00	Kenly Key	ALA Queen Creek	8	2018
20	92.15	61	52.90	Lindsay Brewer	ALA Queen Creek	8	2018
7th GRADE							
1	164.84	89	40.00	Mahealani Mason	Santan	7	2022
2	154.46	124	68.80	Kodi McBride	ALA Queen Creek	7	2023
3	143.34	83	45.30	Kale'a Mason	ALA Queen Creek	7	2017
4	141.72	106	61.00	Amelia Jones	ALA Queen Creek	7	2019
5	141.53	63	33.00	Lilly Mullenau	ALA Queen Creek	7	2024
6	140.09	81	43.20	Kawena Mason	Basha	7	2020
7	135.01	89	52.40	Delaney Brown	Eastmark	7	2024
8	128.87	43	25.50	Tierany Lally	Casteel	7	2022
9	128.40	76	44.40	Maya Litt	Ranch Solano MS	7	2023
10	126.02	112	85.45	Lily Ontiveros	Legacy Queen Creek	7	2025
11	124.55	74	44.60	Brynli McBride	ALA Queen Creek	7	2020
12	123.32	86	54.90	Brylee Colwell	Eastmark	7	2022
13	121.00	73	47.40	Shayna Schiermeyer	ALA Queen Creek	7	2017
14	118.24	65	40.80	Amelia Phillips	Payne	7	2022
15	112.00	47	31.10	Maia Acton	Casteel	7	2021
16	105.66	53	37.00	Lucy Mullenau	ALA Queen Creek	7	2022
17	96.46	79	71.60	Maya Colvin	Greenfield JH	7	2024
18	91.51	65	58.00	Paxton Hanson	Globe	7	2018
19	89.67	67	60.90	Michaela Jolly	Nance St. Academy	7	2023
20	79.67	50	49.60	Athena Shigley	ALA Queen Creek	7	2018

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6th GRADE

1	165.84	81	36.00	Mahealani Mason	Carlson	6	2021
2	143.81	94	50.40	Luna Gilmore	Chapparal Elem	6	2024
3	143.58	75	38.60	Kawena Mason	Carlson	6	2019
4	137.91	110	68.00	Kodi McBride	ALA Queen Creek	6	2022
5	136.09	41	23.50	Tierany Lally	CTA Freedom	6	2021
6	133.41	55	30.60	Lilly Mullenau	ALA Queen Creek	6	2023
7	131.95	89	52.40	Delaney Brown	Gateway Polytech	6	2023
8	117.82	70	44.60	Brinlee Huber	ALA Queen Creek	6	2023
9	112.02	91	70.50	Lily Ontiveros	Legacy Queen Creek	6	2024
10	111.09	55	36.50	Kaiya Blackhurst	Silver Valley Elemen	6	2023

5th GRADE

1	154.29	62	29.90	Mahealani Mason	Carlson	5	2020
2	126.12	55	34.40	Kawena Mason	Carlson	5	2018
3	123.32	94	62.90	Kodi McBride	ALA Queen Creek	5	2021
4	113.31	78	53.90	Delaney Brown	Eastmark	5	2022
5	106.18	46	34.20	Braelyn Shiermeyer	ALA Queen Creek	5	2017
6	105.86	38	27.10	Lilly Mullenau	ALA Queen Creek	5	2022
7	105.51	67	48.40	Luna Gilmore	Home School	5	2023
8	96.78	44	35.70	Isabella Park	ALA Queen Creek	4	2017
9	83.64	64	63.30	Lily Ontiveros	ALA Queen Creek	5	2023
10	68.47	29	31.50	Ava Colvin	Finley Farms	3	2024